



the cognitive courier

tacoma wheelmen's bicycle club newsletter

since
1988

po box 112078 tacoma, wa 98411 www.twbc.org 253-759-2800

~~TWBC~~, the ^aoldest general-purpose bicycling club in ~~Washington State~~, issues the COG monthly, and welcomes cyclists of all skill levels, for social riding in and around Pierce County.



17th Annual BAW Auction & Gala: *EnAct like you mean it!*

By Dena Wessels

On Saturday, October 24, 2009, the Bicycle Alliance of Washington Annual Auction and Gala will be held in the Seattle Center Fisher Pavilion at the Seattle Center (Thomas Street & 2nd Ave. N). BAW cares about bicycling and they know that you care about bicycling. Once again, TWBC has purchased one table or 10 seats, and is making those seats available for half-price to TWBC Members on a first come, first serve basis for \$35 (by October 13th). That admission price includes a package of beers, wines & soft drinks, a sit down dinner & plenty of fun watching &/or participating in the Live Auction.

The auction and banquet is always a fun time and a great celebration of cycling in Washington. Not to mention that the proceeds go directly toward supporting bicycle advocacy, safety and education efforts, as well as providing regional assistance to advocates and jurisdictions, maintaining a presence in Olympia and promoting bicycling for everyday transportation in Washington State. Help BAW and TWBC be proActive for cyclists by supporting this year's auction! For further information contact Dena Wessels at 253 – 857 – 5658, or email denawessels@earthlink.net.

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(Note: Italics are from the Editor)

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Web Issue: October, 2009

**September 15, 2009: First Reading ;
October 20, 2009: Second and Final Reading:**

ARTICLE I
NAME

The name of the Organization shall be "**The Tacoma ~~Wheelmen's~~ Bicycle Club,"**
hereinafter referred to as "Club."

Bylaws concerning a change in the Bylaws:

ARTICLE V
CLUB MEETINGS

E. Voting:

1. An individual Club membership shall carry one (1) vote.
2. A family Club membership shall carry two (2) votes.
3. Voting shall be limited to one (1) vote per member.
4. Members must be present at the meetings in order to vote.
5. No proxies shall be allowed.
6. The affirmative vote of a simple majority of those members present and voting shall be necessary for the adoption of a motion, or for the determination of all questions and business that shall come before the meeting.

ARTICLE IX
AMENDMENTS TO THE BY-LAWS

A. Submission:

1. A written copy of a proposed amendment to the By-Laws shall be submitted to a presiding board Member at any Club meeting.
2. The proposed amendment shall be read for the first time at that meeting.
3. Notice of the proposed amendment shall be given to the members in the next regular Club Newsletter.

B. Second Reading:

At the next regular or special Club meeting, the proposed amendment shall be read for a second time and shall be open for discussion.

C. Voting:

A vote upon the proposed amendment shall be held after the second reading.
The amendment shall be adopted upon the affirmative vote of a simple majority of those members present and voting.

Submitted to the October 2009 – Newsletter, with Copy to Secretary by Carla Gramlich, President.



NAMES ARE IMPORTANT

By Dave Killen

"What's in a name? That which we call a rose

By any other name would smell as sweet."

Romeo and Juliet (II, ii, 45-46)

Juliet does not care that Romeo is a Montague because she sees beyond the name to the person who bears it. Most Montagues and Capulets do not. And this makes the young couple's chance of living at peace in their world highly unlikely.

Unfortunately, the Montagues and Capulets are not alone in their failure to see beyond names. And that failure gets us to the heart of the matter regarding changing the name of our cycling association. But first we need to ask what the words in our name mean?

Bicycle and Club are the easy ones.

Tacoma denotes the origin and central venue of our cycling association. It is the Pierce County seat and as such stands for the region of southeast Puget Sound. When traveling I respond to queries about where I am from not by saying Pierce County, nor Parkland, which is where I actually live, but by responding Tacoma. People know where Tacoma is!

Wheelmen is a term originally coined not to point to males riding bicycles but to those who employed the wheel as a mode of transportation and recreation.

The word "men" in English did not originally denote male gender. It simply meant human. Two prefixes were employed to indicate gender; wer for male and wif for female. Over time wirmen dropped the prefix and men indicated males. Wifmen morphed into women, and wif by itself was retrained as wife.

But all this aside, the meaning of our Name is more than the words that make it up. There is tradition lying behind the name Tacoma Wheelmen, and it is important. Tradition itself is often discounted as a force for good. Its misuse often stifles growth. However, the Tacoma Wheelmen's Bicycle Club is known as an innovative and progressive cycling Club due to the work of its Members (of both genders) to promote cycling in the whole of south Puget Sound. The fact that it originated in 1888 and exists today is no mean thing. Some human associations for doing good endure. This is important and our Name asserts that in no uncertain terms. It is on some scales a small Club, but that is also why it is so dynamic. Members don't get lost in a metropolitan morass, e.g., Cascade Bicycle Club.

The question then becomes do we want to give up that tradition by abandoning the Name? We'd be abandoning our recognition and our reputation. This is a serious matter, especially when one thinks of all the positive relationships associated with that Name that we have developed over the years. Their rebuilding would take more effort and more time than might be thought.

A change of Name is warranted only if it can be demonstrated that the current Name impedes the goals of the Club and that change would enhance the goals of the Club. This can only be done with assurance if a valid and reliable investigation of the effect of such a change is done prior to any change. Without that we are, and please excuse the male metaphor – I could not think of a better one, pissing into the wind. The result of which will not only get us all smelly and sticky, but may end up with our shedding of much more than our Name.

As an aside consider this, if we do drop our current Name there is no reason to think that another Club might not be formed to happily pick up that 1888 tradition and carry it on. ☺

President's Report

By President Carla Gramlich



October 20, 2009; Club Meeting

Proposed Bylaws change will be included as part of Club Business at the monthly Meeting. Please check with Anne Seago, if you would like to make sure your Membership is current prior the monthly Club Meeting. Renewal or New Membership can be done at the October Club (*Meeting*) through Active.com using a credit card, that night.

The vote for this bylaw change will be done by secret ballot. Voting “yes” is for the Name Change. A vote “no” is against the Change and the bylaw will stay as currently written.

Saving a tree!

Back in 2007, the Club decided to make the Newsletter available to the Members. The PDF, could be printed or read on line. If we had your email, we sent you a notice once a month, that the Newsletter was available online. You could request a paper copy, just by telling us that you would like to receive the paper copy of the Newsletter.

There is some cost saving to by doing it this way. But I was excited at the time that we could save some paper, which equates to saving a tree, or two. We have received some letters about this decision to go paperless. I can see both sides that a paper copy has some advantage but electronic version saves paper.

We have been sending out emails using a new system, that we are hoping is easier to read and has timely information. Something that is harder to do with a paper copy. There has been positive feedback and suggestions on how to improve these emails.

At this point in time, you may still request a paper copy of the Newsletter, at no additional cost. We are hoping in the near future to update the Website. My hope is that the new format will have current information that will encourage more folks to view and use our Webpage.

With any changes to the Webpage, I am committed to educate our Members at Monthly Meetings on what is offered on the Web. After these updates, I will ask the Board to consider an increase for Membership that includes a printed copy of the Newsletter. (This would be a bylaw change, so the Membership would vote on this.)

I know that some folks do not have access to a computer. So, we will try to make sure we have some way to convey information to all Members. The format of the paper Newsletter may change, so that we can continue producing it in a less labor and cost-effective manner. So, for the time being, there is a paper copy of the Newsletter. But the Web, may offer more and current information.

Rideline

At the September Meeting a couple folks volunteered to help maintain the Rideline. I would like to thank Dena Wessels and Mary Smith Dahl, for volunteering to help with updating the Rideline. I hope the folks that use the Rideline, will take the time to thanks them for helping to keep the Rideline current.

Webmaster

TWBC is still looking for a Webmaster. We are looking at some software packages that may make the job less intimidating. Also, if you have some computer background, the Club would consider more training to help you in this position. ☺



VP's Report

By Vern Hase

Thanks to Jason of Old Town Bicycle for coming to our September Meeting to share tips and details on the maintenance and lifespan of critical bicycle components, in addition to fielding a variety of questions. It was an informative evening and a great opportunity to "ask the expert."

Jason also mentioned that a cyclocross race is coming up this Sunday (September 20) at Ft. Steilacoom Park in Lakewood from 9 am - 5 pm. You could stop by any time during the day to catch some good action. Sounds like cyclocross is "fast and furious" and is a great spectator sport.

For the October Meeting on Tuesday, October 20, Cynthia Hammer will describe her bike ride in August, 2008 from Salzburg, Austria to Venice, Italy. She and her husband joined 17 riders from various parts of the US to complete the hardest ride offered by the Bicycle Adventure Club. From her slide presentation you will learn about cycling in the most beautiful and most mountainous part of Austria as well as cycling over the challenging Dolomites in Italy.

The Bicycle Adventure Club is a non-profit organization where various members put together weeklong or several weeklong rides and offer them to other club members. The cost is typically 1/2 to 2/3 what bike touring companies charge. The major difference is they usually don't have a support vehicle—i.e. a van to give you a lift if you don't want to complete the day's ride although they do have a sag vehicle to carry your luggage to the next location. They offer numerous rides throughout the US and overseas each year. You can learn about them at <http://www.bicycleadventureclub.org>. In 2011 they will be offering a ride across America. Their version takes 90 days and covers 4700 (*miles*). Cynthia and Steve are planning to do it! ☺



By Bob Myrick, Director of
Community and Government Affairs

Our committee met again on Tuesday, September 1 at the Taqueria Guadalajara in the Stadium District at First and Tacoma Avenue. We will not have a meeting in October. The next meeting will be at the Taqueria Guadalajara on Tuesday, November 3 at 6 pm. It was great to visit with President Carla, Past President Ralph and Scott M. There is still a lot of government and nonprofit activity out there related to cycling so please check the Website and special emails from our President regarding events you may wish to attend to support our mission of promoting cycling for recreation, health and transportation.

Ralph agreed to contact the **town of Steilacoom** again on our long-term efforts to cover over or remove the dangerous **railroad tracks** north of town at the abandoned ABITIBI paper mill. You may be aware we had another serious accident on the tracks during the RAPSody Ride. I spoke with the Town Administrator and he is willing to consider other ideas to correct this problem. It is frustrating for the town since we have filled in the tracks with a rubberized compound, placed asphalt along the road edge for bikes to travel and put up a lot of signage for warning. Apparently, cyclists continue to keep their heads down and ignore the warning signs.

Audubon sponsored a **Green Tacoma Day** on September 26. They had hoped we could provide a bike ride/tour to the various sites. I was not able to find a person to lead such a ride, partly due to the Headwaters Pre-Ride on the same day. I am sad.

Gov. Affairs cont. on page 6

Gov, Affairs, cont. from page 5

President Carla and I met with the Cascade Bicycle Club in Seattle to discuss their offer of help in our **advocacy efforts**. Since CBC has plenty of money, we are willing to spend it on our efforts. We also discussed how they handle their insurance program, how much cash balance they maintain, how they grow their membership and other matters like the large number of bicyclist deaths they have experienced this year. We talked about the coming **Puget Sound wide bike traffic counts** that CBC will administer. An interesting tidbit, CBC has about 4 to 6 months of operating cash on hand, TWBC has about 2 years of operating cash on hand. We are very prudent. Our original long-term goal was to have 1 year of operating cash on hand.

Since we are flush with cash, please **watch the budget process this year** and pay attention. We have been thinking of ways to promote our Mission by awarding grants for advocacy and improvement efforts. Examples could be funding part of the track covering in Steilacoom, hiring an internet based writer, having better coverage in the News Tribune, etc. I notice the Mountaineers sponsor a "hike of the week" every Thursday. **I wish we had a volunteer who could sponsor a "ride of the week"** or something similar to keep our Name out there and grow our Membership.

On September 18, TWBC and the Foothills Coalition helped Bryan Bowden from the **National Park's Rivers and Trail Program**. Staff people from Portland actually came to Tacoma to see **how we are building our trails**. The team visited the Woodland Trail in Olympia, the Foothills Trail in Orting and the Scott Pierson Trail on the Narrows Bridge. For dinner, they toured the Ruston Way Waterfront Trail.

The BN Railroad filed for **abandonment of the Prairie Line** this month. The Prairie Line is the trail corridor that Tacoma already has an agreement in place with BN to allow a trail to be built from South Tacoma Way thru the UW Tacoma to the saltwater and the Esplanade. Sound Transit also needs this action to **extend the Sounder Train** up the Nalley Valley to Lakewood and eventually Dupont.

The second or third meeting on **Tacoma's Mobility Plan** was held this month with committee members getting down to the business of drawing lines on maps. There will be a series of **Public Meetings this month to gather information and concerns from the general public**. You can also follow Pierce County's efforts on their website. Pierce County is working on their updated Comprehensive Plan, Transportation Plan and hopefully, Complete Streets. Dixie Gatchell is working to get Puyallup to adopt a Complete Streets Ordinance.

This month on the Blues Vespers Ride we thought we saw an ice cream trike pedaling up the Narrows Bridge Scott Pierson Trail towards Tacoma. We were going fast so really couldn't observe the trike properly. After coffee in Gig Harbor, we returned and found the trike near Union Boule-vard. It was the **Google Trike** outfitted with GPS, video, solar energy, computers, etc. with a guy sweating pretty good. So, in the near future, you should be able to use Google stuff to map your ride and see what the terrain looks like.

Pierce Transit is working on a **plan to reduce service** due to the recession. I call it Plan A. I hope they also have a Plan B that calls for much improved service when the price of gasoline skyrockets. If you presently ride Transit or plan to get old and feeble and ride Transit, you might want to get involved in their efforts. Two of our dreams are a Pierce Transit route around the Mountain and a route along Ruston Way when the tunnel is abandoned. What are your Transit dreams?

Remember to Cycle More, Worry Less. Burn Calories, Not Carbon. I will be gone in October riding my bike from San Francisco to San Diego with Skeeter, the Wonder Dog, and two other companions. ☺

*Taillight (or Headlight): A case for holding dead batteries.
Now that Fall has arrived, be sure to check your batteries!* ☺

Report from the Ride Captain

By Cynthia Hammer



We've Got the Ride Leaders—Now We Need Riders!

The response to my request for more Ride Leaders has been great. It seems like I just needed to ask, and TWBC Members come forward. To keep this energy going, it is crucial that riders show up on the offered rides. Stay aware of what's being offered by frequently checking the Ride Calendar at the www.twbc.org Website. Get your friends to join you on Club Rides. Tell every cyclist you know about the benefits of Membership in TWBC. Let's grow the Club—more rides and more riders—yeah!

Here is a list of those who have committed to lead rides in the new ride year—Nov 1, 2009 through October 31, 2010.

Steady Eddies (24 rides a year):

Louis Boitano, Lorna Cain, Joyce Clifford, Carla Gramlich, Bob Myrick, Ron Nowicki, Marguerite Richmond, Peg Winczewski, & Lou and Karel Vance.

Persistent Peddlers (12 rides--one ride each month):

Sue Coley, Carol Davis, & Mary Kubiszewski.

Weekend Warriors (8 weekend days or holidays a year):

Steve Garrett, & Gene Smith.

Rising Stars (4 rides a year):

Jim DeYoung, Robert Deehan, Peggy Fjetland, Noel Hagens, Rich Hahn, Janet Higbee, Debbie Hushagen, & Richard Walter.

(If you would like to be added to this preliminary Ride Leader list, contact Ride Captain Cynthia!) ☺

Spooks and Sprockets— Our Annual Halloween Ride and Party, Saturday, Oct. 31, 2009

By Cynthia Hammer

How fortunate the Club is to have the Vances who continually open their home for TWBC Events. And for this Event, Karel is making homemade donuts! We want you there! You can come as you are, but to make the party more fun for all of us, demonstrate your creativity and wear a costume. Imagine riding around the city on a 20-mile ride with a bunch of people all dressed up outrageously. Imagine the smiles we will bring to passer-bys. Be part of that fun. For further incentive we have prizes for the most creative costume; the “hottest” costume; the cutest costume and the ugliest costume. Feel free to decorate your bike as well. Put on your thinking caps now and start planning your outfit!

If you plan to join the ride, arrive at the Vance's shortly before 1:30 pm. If you can only come to party, we look forward to seeing you from 3:30 pm - 5 pm. All are encouraged to bring a health APPETIZER to share. The Club will provide cider and sparkling cider or BYOB. Be ready to participate in a few typical Halloween games!

To ensure that we don't waste food or have too little, sign up now to let us know you will be there. <http://www.elementsofbicycling.net/rcPublicRideDetails.aspx?rcRideID=e1f214a4-0d14-423c-8e01-35cae6656e50&rcOrganizationID=>. Call Karel at 253-921-4846 if you need directions to their home (or if you can help with set up or clean up!) ☺

The Club Picnic—Sorry if You Missed it.

By Cynthia Hammer

The Vance's backyard on a mild August evening was the perfect place to hold the Club Picnic. There was delicious catered food, adequate tables and chairs for comfortable seating, and to top it off, a swimming pool with a slide. Many rode their bikes to the Picnic while others got their exercise fix for the day by cavorting in the pool. Laughter and excited cries punctuated the evening.

Those Club Members with the biggest appetites must not have been in appearance as this was the first time I recall that a Club Event finished with leftover food, even though it all was delicious. Our hearty thanks to the Vances for opening their home to us and doing the work involved in hosting this event. ☺

Bicycle Alliance Seeks Executive Director

Kristin Kinnamon,
BAW Board President

Are you passionate about bicycling? Are you an executive leader who wants to lend your skills to an organization that advocates for bicyclists and a bike-friendly Washington state? Bicycle Alliance of Washington (BAW) seeks an Executive Director to lead the nonprofit organization, which is comprised of more than 2,000 members engaged in the goal of making a better world for bicycling.

Bicycle Alliance of Washington seeks a professional who is passionate about its mission and will champion its cause. The ideal candidate will have a proven track record in achieving fundraising goals, two years experience in staff leadership as well as knowledge of political advocacy, bicycle design and education principles.

The job description will provide you with additional information about this exciting position opening. All qualified individuals are encouraged to apply online with their cover letter and resume at: <http://ag-es.kintera.org/applicant>. Questions regarding the position may be addressed via email only to Donna at donnag@bicyclealliance.org. ☺

Pierce County Trail Conference, Thursday, November 12, 2009

The ForeverGreen Council will be holding the 5th Annual Trails Conference in Puyallup on November 12, 2009, from 4:00 - 8:45 p.m. All trail users, planners, and supporters are encouraged to attend! Help us spread the word by forwarding this notice to anyone you think may be interested.

The conference will feature updates on local trails, informative breakout sessions, trail awards, and dinner with a \$10 suggested donation. A keynote speech is planned to address the regional vision of a comprehensive trail network throughout the greater Puget Sound area.

If you have any questions or wish to register, please contact ForeverGreen Executive Director Jayme Gordon at (253) 845-2973 or jaymeg@piercecountycd.org. ☺

The TWBC Values Safe Riding

By Cynthia Hammer

The keys to safe bicycling include being predictable, visible and communicating your intentions to motorists. Here is an article that gives excellent tips on how to ride safely in a group.

How to Ride in a Group

by Franklin Prosser

Riding in a group is one of life's more enjoyable activities. Cycling with friends, traveling rapidly and safely with confidence in your companions, is a joy. However, there is a certain cycling etiquette, or rules of the road, of which you should be aware whenever cycling in a group.

Be Predictable - Group riding requires even more attention to predictability than riding alone. Other riders expect you to continue straight ahead at a constant speed unless you indicate differently.

Use Signals - Use hand and verbal signals to communicate with members of the group and with other traffic. Hand signals for turning and stopping are as follows: left arm straight out to signal a left turn; left arm out and down with your palm to the rear to signal slowing or stopping; and for a right turn, put your right arm straight out (in states where this is legal) or put your left arm out and up.

Give Warnings - Warn cyclists behind you of changes in your direction or speed. To notify the group of a change in path, the lead rider should call out "left turn" or "right turn," in addition to giving a hand signal. The lead rider should announce the turn well in advance of the intersection, so that members of the group have time to position themselves properly for the turn.

Change Positions Correctly - Generally, slower traffic stays right, so you should try to pass others on their left. Say "on your left" to warn the cyclist ahead that you are passing. If you need to pass someone on the right, say "on your right" clearly since this is an unusual maneuver.

Announce Hazards - When riding in a group, most of the cyclists do not have a good view of the road surface ahead, so it is important to announce holes, glass, gravel, grates, and other hazards. Indicate road hazards by pointing down to the left or right, and by shouting "hole," "bump," etc., where required for safety. Everyone in a group should be made aware of hazards, however, everyone does not need to announce them.

Watch For Traffic Coming From The Rear - Even when you are occupying the proper lane position, it often helps to know when a car is coming. Since those in front cannot see traffic approaching from the rear, it is the responsibility of the riders in back to inform the others by saying "car back." Around curves, on narrow roads, or when riding double, it is also helpful to warn of traffic approaching from the front with "car up."

Watch Out At Intersections - When approaching intersections requiring vehicles to yield or stop, the lead rider will say "slowing" or "stopping" to alert those behind to the change in speed. When passing through an intersection, some cyclists say "clear" if there is no cross traffic. This is a dangerous practice that should be abandoned. It encourages riders to follow the leader, letting others do their thinking for them. Each cyclist is responsible for verifying that the way is indeed clear.

Leave A Gap For Cars - When riding up hills or on narrow roads where you are impeding faster traffic, leave a gap for cars between every three or four bicycles. This way a motorist can take advantage of shorter passing intervals and eventually move piece meal around the entire group.

Safe Riding, cont. on page 10

Safe Riding, cont. from page 9

Move Off The Road when You Stop - Whether you are stopping because of mechanical problems or to regroup with your companions, move well off the road so you don't interfere with traffic. When you start up again, each cyclist should look for, and yield to, traffic.

Ride One Or Two Across - Ride single file or double file as appropriate to the roadway and traffic conditions and where allowed by law. Most state vehicle codes permit narrow vehicles such as bicycles and motorcycles to ride double file within the lane. Even where riding double is legal, courtesy dictates that you single up when cars are trying to pass you if the lane is wide enough for them to safely do so.

Reprinted from "Bicycle USA", magazine of the League of American Bicyclists. For more information about the League of American Bicyclists, visit their web site, www.bikeleague.org, or e-mail them at bikeleague@aol.com.

Important addendum: On TWBC rides it is a courtesy to thank the Ride Leader at the conclusion of the ride. If you need to leave the ride early, be sure to let the Leader know in advance and again at the time you leave. If you ride ahead of the Ride Leader, he/she is not responsible if you lose contact with the group. If you aren't riding safely, the ride leader has the right to ask you to leave the group ride. ☺

What can you do to improve bicycling in Tacoma and throughout Washington?

By Carla Gramlich

Join the Wheelmen and Cascade Bicycle Club on Saturday, Oct. 17 for a workshop on bike advocacy. We'll discuss how we can use our clout to demand better facilities and just laws for bicyclists in our city, in Olympia, and Washington D.C. Guests from Cascade will discuss the outcome of the bicycle and pedestrian count, and how the data we collect on bicycling is crucial to our safety as bicyclists. Together, we'll strategize on making a difference in Tacoma and working together for better state laws and federal funding of trails and other facilities.

Schedule: 09:30 am - Coffee and Mingle

10 am - 1 pm: Workshop at Main Branch of the Tacoma Library, 1102 Tacoma Avenue South.
<http://www.tpl.lib.wa.us/Page.aspx?nid=51>

1 pm: Bike tour of Tacoma with bicycle planners and special guests (stay tuned for details)!

3 pm: Meet at the Harmon HUB for drinks.

Contact Carla Gramlich, to sign-up for this class. ☺

**Make your voice heard by attending
the October Club Meeting
and voting if we should change the Name of our Club.**



Some New Routes to Inspire You

Cynthia Hammer, Ride Captain

What can I say. I have done the work for you! I looked through the routes posted at www.mapmyride.com and choose those that were loops and seemed like fun. Tired of riding your same old routes---perhaps you will find something here to peak your interest. Let me know what you think at cynthiahammer@nventure.com.

10 miles: Cliff House Loop (Northeast Tacoma) that includes one long hill climb; <http://www.mapmyride.com/ride/united-states/wa/tacoma/690124672837589210>

12 miles: North Fort and Main Post Loop, flat, low traffic, rural; <http://www.mapmyride.com/ride/united-states/wa/tacoma/690124672837589210>

13 miles: another Fort Lewis and the area loop; <http://www.mapmyride.com/ride/united-states/wa/tacoma/578694775>

13 miles: a loop just on Fort Lewis, flat, quiet; <http://www.mapmyride.com/ride/united-states/wa/tacoma/418257704275>

16 miles: Univ. Place/Fircrest loop; <http://www.mapmyride.com/ride/united-states/wa/tacoma/164016518033>

17 miles: Pt Defiance/waterfront, easy; <http://www.mapmyride.com/ride/united-states/wa/tacoma/878851920650>

18 miles: 1st Ave FW-Dash Pt Road Loop, hilly, low traffic; <http://www.mapmyride.com/ride/united-states/wa/tacoma/878851920650>

18.5 miles: Steilacoom-Lakewood, some hills; <http://www.mapmyride.com/ride/united-states/wa/tacoma/415176807043>

21 miles: Gravelly Lake route; <http://www.mapmyride.com/ride/united-states/wa/tacoma/817384714124>

25 miles: Tacoma Port Road—Levee Road – return on E Main and E Pioneer Way, flat; <http://www.mapmyride.com/ride/united-states/wa/tacoma/677124243937339752>

26.34 miles: Hell's Hills of N End Tacoma; <http://www.mapmyride.com/ride/united-states/wa/tacoma/941741723>

27.95 miles: 2009 Tour De Pierce, 30-Mile route; <http://www.mapmyride.com/ride/united-states/wa/puyallup/129124678005166078>

30 miles: ride around Northeast Tacoma, about 1100' climbing; <http://www.mapmyride.com/ride/united-states/wa/tacoma/889862388145>

30 miles: Vashon - Burma & N Ferry, about 1500' of climbing, hilly; <http://www.mapmyride.com/ride/united-states/wa/tacoma/380866430>

31 miles: Hub to Hell and Back, about 1200' climbing, hilly, great variety, some heavy traffic roads; <http://www.mapmyride.com/ride/united-states/wa/tacoma/567124501982061497>

35 miles: Canyon Rd Hill, 1000' climbing; <http://www.mapmyride.com/ride/united-states/wa/tacoma/554796898579>

New Routes, cont. on page 12

New Routes, cont. on page 12

- 41 miles:** Tideflats — Dashpoint — Fife — Puyallup — Tacoma; <http://www.mapmyride.com/ride/united-states/wa/tacoma/413124095291993224>
- 45 miles:** Stadium District to Olalla Loop, 1800' climbing, hilly; <http://www.mapmyride.com/ride/united-states/wa/tacoma/772979738674>
- 45 miles:** Proctor — Steilacoom — Dupont — Oakbrook; <http://www.mapmyride.com/ride/united-states/wa/tacoma/773124500730311521>
- 45 miles:** start in UP and ride Fox Island, 1800 feet of climbing, hilly route; <http://www.mapmyride.com/ride/united-states/wa/tacoma/175221444296>
- 48.99 miles:** 2008 Tour de Pierce, 50 Mile Loop; <http://www.mapmyride.com/ride/united-states/wa/puyallup/6247975>
- 49.05 miles:** 50-mile STP Prep Ride; <http://www.mapmyride.com/ride/united-states/wa/tacoma/709022889>
- 50 miles:** Tacoma — Roy — Yelm — Dupont — Lakewood — Tacoma, mostly flat; <http://www.mapmyride.com/ride/united-states/wa/tacoma/474744556731>
- 50 miles:** Tacoma to Purdy to Gig Harbor to Tacoma Loop, hilly; <http://www.mapmyride.com/ride/united-states/wa/tacoma/524124721487728866>
- 53.73 miles:** Puyallup to Enumclaw and back; <http://www.mapmyride.com/ride/united-states/wa/puyallup/420124061718138307>
- 56.04 miles:** Puyallup to Tukwila — Interurban and Green River Trail; <http://www.mapmyride.com/ride/united-states/wa/puyallup/648124383046452379>
- 71.18 miles:** Port Orchard Loop; <http://www.mapmyride.com/ride/united-states/wa/tacoma/926696822036>
- 74.31 miles:** Tacoma Dupont Loop via Yelm; <http://www.mapmyride.com/ride/united-states/wa/tacoma/280446793>
- 100.22 miles:** Tacoma-Eatonville Century; <http://www.mapmyride.com/ride/united-states/wa/tacoma/379773152> 
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-

October Humor

Where did the Mummy go for a swim?

To the Dead Sea.

What does the Vampire fear most?

Tooth decay.

Why did the Scarecrow win the Nobel Prize?

He was 'outstanding' in his field.

What did the Ghost eat for lunch?

A boo-loony sandwich. 



twbc monthly event schedule

call the ride line for the latest additions and corrections...253-759-2800

Day/ Day	Time	Ride Code	Dist- ance	Leader/ Contact @ (253)	Ride or Activity
10/01 Thurs	6:45 AM	2 A	10 - 12	Dianne Koch 370 - 5417	Rise & Ride. Take an ~12 mph loop on the Scott Pierson Trail as a wake up for the day. Rain Cancels.  Start: Wright's Park, corner of "I" St & Division.
10/01 Thurs	9:30 AM	2 A	30 Trail	Lonna Cain 475 - 8853	Silk Road Smooooothly. 100% paved trail w/ very few road crossings;. No hills, no unpleasanties or your money back! Smoothies or beverage of your choice in South Prairie (no host). Rain Cancels.  Start: East Puyallup Trailhead, 13900-86thStE,Puyallup.
10/01 Thurs	5:30 PM	3 B	10 - 20	Kris Symer 212 - 2265	Escape from Downtown. Steady Rain/Snow Cancels.  See Ride Notes for complete details. Start: UW Tacoma - So Turnaround, 1900 Commerce St.
10/02 Fri	All	Day	Fact	Morsel	<i>Peanuts</i> comic stip debuted in seven newspapers, 1950.
10/03 Sat	10 AM	2 B	12, 25, 40	Carla Gramlich 879 - 0115	Sisters Club Ride. See Ride Notes for complete details.  Start: The Harmon Hub, 203 Tacom Ave S.
10/04 Sun	9:30 AM	2 B	40	Carla Gramlich 879 - 0115	Ride the Snoqualmie Valley Trail. Lunch in Duval. Start: Meet near the restrooms @ Snoqualmie Falls; then regroup & move cars to the trailhead.
10/05 Mon	9:30 AM	1 C	22 (13)	Joyce Clifford 759 - 2393	Hail, hardy & ready for coffee. Loop Pt. Defiance. Someone will stay with the slowest rider. Regroup at Ft. Nisqually, then onto Fircrest for espresso/ raspberry scones. You can shorten to 13 miles by cutting out Fircrest. Rain/Freezing Cancels.  Start: Starbucks @ 26th & Proctor.
10/06 Tues	9:30 AM	2 B	30 - 50	Ron Nowicki, Louis Boitano 661 - 2664	Decide to Ride. Details on Ride Line or Club Website. Start: McDonald's, 112th & Pacific Ave.
10/07 Weds	9:30 AM	2 B	45 Trail	Lou & Karel Vance 921 - 4847	Chehalis Western Trail Ride. Bring lunch, snacks or plan to buy lunch in Tenino or Yelm. See Ride Notes for complete details. Rain Cancels.  Start: Chambers Lake Trailhead, Lacey.
10/08 Thurs	6:45 AM	2 A	10 - 12	Dianne Koch 370 - 5417	Rise & Ride. Rain Cancels.  See 10/01 for Ride Details.
10/08 Thurs	9:30 AM	2 A	30 Trail	Lonna Cain 475 - 8853	Silk Road Smooooothly. Rain Cancels.  See 10/01 for Ride Details.
10/08 Thurs	5:30 PM	3 B	10 - 20	Kris Symer 212 - 2265	Escape from Downtown. Steady Rain/Snow Cancels  See 10/01 for Ride Details.
10/09 Fri	All	Day	Fact	Morsel	The public was first admitted to the Washington Monument in 1888.



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Day/ Day	Time	Ride Code	Dist- ance	Leader/ Contact @ (253)	Ride or Activity
10/10 Sat	9:30 AM	2 A	50	Louis Boitano 922 - 1168	Hot Dogs @ Ikea or Costco. Rain Cancels. Start: Sumner Library, 116 Fryer Ave, Sumner. 
10/11 Sun	All	Day	Fact	Morsel	"Saturday Night Live" premiers, with George Carlin as guest host, 1975.
10/12 Mon	9:30 AM	1 C	22 (13)	Joyce Clifford 759 - 2393	Hail, hardy & ready for coffee. Rain Cancels. See 10/05 for Ride Details. 
10/12 Mon	6 PM	00 Meet	00 & Eat	Carla Gramlich 879 - 0115	Board Meeting @ the Kim Ahn Restaurant across from TCC on Mildred. Guests & Club Members welcomed.
10/13 Tues	9:30 AM	2 B	30 - 50	Ron Nowicki, Louis Boitano 661 - 2664	Decide to Ride. Details on Ride Line or Club Website. Start: Celebrations Park, 1111 S 324th St, Federal Way.
10/14 Weds	9:30 AM	2 B	45 Trail	Lou & Karel Vance 921 - 4847	Chehalis Western Trail Ride. See Ride Notes for complete details. Rain Cancels. Start: Chambers Lake Trailhead, Lacey. 
10/14 Weds	5:30 PM	2 B	20 - 25	Knightriders - Peg & Marguerite 475 - 3625	Knightriders. Evening destination is a surprise! Co-leader Marguerite Richmond, 272 - 1254. Please have lights/reflective gear; will try to return before dark. Start: Starbucks @ 26th & Proctor. 
10/15 Thurs	6:45 AM	2 A	10 - 12	Dianne Koch 370 - 5417	Rise & Ride. Rain Cancels. See 10/01 for Ride Details. 
10/15 Thurs	9:30 AM	2 A	30 Trail	Lonna Cain 475 - 8853	Silk Road Smooothly. Rain Cancels. See 10/01 for Ride Details. 
10/15 Thurs	5:30 PM	3 B	10 - 20	Kris Symer 212 - 2265	Escape from Downtown. Steady Rain/Snow Cancels See 10/01 for Ride Details. 
10/17 Sat	9 AM	1 C	40	Jim De Young 686 - 8995	Lunch at the Black Diamond Bakery. A slow ride with a few challenging hills from Sumner to Bk. Diamond & back again. Heavy Rain Cancels Start: Sumner Library, 116 Fryer Ave, Sumner. 
10/18 Sun	10AM	2 B	30 - 40	Sue Coley 539 - 0676	Pumpkin Patch Ride. Join Sue one Sunday each month on her themed bike rides which include a lunch stop. Start: McDonald's, 112th & Pacific Ave. 
10/19 Mon	9:30 AM	1 C	22 (13)	Joyce Clifford 759 - 2393	Hail, hardy & ready for coffee. Rain Cancels. See 10/05 for Ride Details. 
10/20 Tues	9:30 AM	2 B	30 - 50	Ron Nowicki, Louis Boitano 661 - 2664	Decide to Ride. Details on Ride Line or Club Website. Start: Sumner Library, 1116 Fryer Ave, Sumner.



twbc monthly event schedule

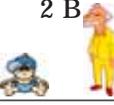
call the ride line for the latest additions and corrections...253-759-2800

Day/ Day	Time	Ride Code	Dist- ance	Leader/ Contact @ (253)	Ride or Activity
10/20 Tues	6 PM; 6:30 PM	Meet & 00 Meet &	Eat; 00 Greet	TWBC 759 - 2800	Oct. Club Meeting. M/A Wild West VFW Post #91, 2000 S. Union Ave.,Tacoma. Eat @ 6PM, Meet @ 6:30PM. Second Reading For Club Name Change.
10/21 Weds	9:30 AM	2 B	45 Trail	Lou & Karel Vance 921 - 4847	Chehalis Western Trail Ride. See Ride Notes for complete details. Rain Cancels. Start: Chambers Lake Trailhead, Lacey. 
10/22 Thurs	6:45 AM	2 A	10 - 12	Dianne Koch 370 - 5417	Rise & Ride. Rain Cancels. See 10/01 for Ride Details. 
10/22 Thurs	9:30 AM	2 A	30 Trail	Lonna Cain 475 - 8853	Silk Road Smooothly. Rain Cancels. See 10/01 for Ride Details. 
10/22 Thurs	5:30 PM	3 B	10 - 20	Kris Symer 212 - 2265	Escape from Downtown. Steady Rain/Snow Cancels See 10/01 for Ride Details. 
10/23 Fri	All	Day	Fact	Morsel	The first US championship horseshoe tournament was held in Kellerton, Iowa, 1915.
10/24 Sat	9:30 AM	2 B	40	Louis Boitano 922 - 1168	The 40 mile Daffodil Loop, sans Daffodils. Start: Sumner Library, 1116 Fryer Ave, Sumner.
10/25 Sun	9:30 AM	2 A	50 Paved Trail	Carla Gramlich 879 - 0115	Burke Gillman Trail & more. Will ride on paved trails to Redmond Town Ctr for lunch. Start: Gas Works Park, 2101 N Northlake Way, Seattle.
10/26 Mon	9:30 AM	1 C	22 (13)	Joyce Clifford 759 - 2393	Hail, hardy & ready for coffee. Rain Cancels. See 10/05 for Ride Details. 
10/27 Tues	8:30 AM	2 B	30 - 50	Ron Nowicki, Louis Boitano 661 - 2664	Decide to Ride. Details on Ride Line or Club Website. Start: Freighthouse Square, 430 E. 25th St.
10/28 Weds	9:30 AM	2 B	45 Trail	Lou & Karel Vance 921 - 4847	Chehalis Western Trail Ride. See Ride Notes for complete details. Rain Cancels. Start: Chambers Lake Trailhead, Lacey. 
10/28 Weds	5:30 PM	2 B	20 - 25	Knightriders - Peg & Marguerite 475 - 3625	Knightriders. Evening destination is a surprise! Co-leader Marguerite Richmond, 272 - 1254. Please have lights/reflective gear; will try to return before dark. New Start: Freighthouse Square, 430 E. 25th St. 
10/29 Thurs	6:45 AM	2 A	10 - 12	Dianne Koch 370 - 5417	Rise & Ride. Rain Cancels. See 10/01 for Ride Details. 
10/29 Thurs	9:30 AM	2 A	30 Trail	Lonna Cain 475 - 8853	Silk Road Smooothly. Rain Cancels. See 10/01 for Ride Details. 
10/29 Thurs	5:30 PM	3 B	10 - 20	Kris Symer 212 - 2265	Escape from Downtown. Steady Rain/Snow Cancels See 10/01 for Ride Details. 



twbc monthly event schedule

call the ride line for the latest additions and corrections...253-759-2800

Day/ Day	Time	Ride Code	Dist- ance	Leader/ Contact @ (253)	Ride or Activity
10/30 Fri	All	Day	Fact	Morsel	The time clock is patented by Daniel M. Cooper of Rochester, NY, 1894.
10/31 Sat	1:30 PM, 3:30 PM	00 Meet 	00, & Eat	Lou & Karel Vance 921 - 4846	Annual Halloween Ride & Party. Ride at a slow pace to show off your creative costume followed by a cider & donut party @ the Vance's home. See Article, this month's COG, pg 7. 
11/01 Sun	1 PM	2 B 	21 (13) Part Trail 	Carla Gramlich 879 - 0115 	New (& Old) Member's Sunday Afternoon Ride. Tour the Scott Pierson Trail, & meander through town. Add more miles over the Narrows Bridge; the Cushman Power Trail, & stopping in Gig Harbor for coffee. Start: Skyline Park & Ride, 7100 6th Ave.
11/03 Tues	6 PM	00 Meet	00 & Eat	Bob Myrick 473 - 7455	Government Affairs Meeting @ Guadalajara Taqueria in the Stadium H.S. area @ 1st & Tacoma Ave. Monthly meeting to work on bicycle problems around Pierce County. All are invited to participate.

For TWBC Monthly Ride/Event Calendar

TERRAIN CODE CHART

- A - Mostly Flat (Interurban Trail)
- B - Gently rolling with one or two steep hills
- C - Rolling steeper hills (Kitsap Peninsula)
- D - Difficult terrain with longer, steeper hills (Vashon Island)

PACE CODE CHART

- 1 - Easy pace, frequent stops to regroup, 9-12 mph on flats.
- 2 - Moderate pace, occasional stops to regroup, 12-15 mph.
- 3 - Steady pace, limited stops, cue sheets/maps, 13-16mph.
- 4 - Fast pace, very limited stops, cue sheets/maps, 16 + mph.

October Ride Notes:



10/01, 10/08, 10/15, 10/22, 10/29 Escape from Downtown Tacoma. Join us on an after-work ride to varying destinations such as University Place, Ruston, Fife, Parkland, Brown's Point, or Gig Harbor. This is a great way to learn bike-friendly routes in and out of the city. Minimal stops, no cue sheet, lights required after dusk. Steady rain or snow cancels. Visit the TWBC group on Facebook for related discussion: <http://www.twbc.org/fbgroup>.



10/03 Sisters Club Ride. TWBC Members & Members of other Clubs will meet for a ride plus a meetup at the Hub for a beverage &/or a bite to eat.



10/07, 10/14, 10/21, 10/28 Chehalis Western Trail. Rain, snow, or icy conditions cancels ride. Sign up w/ a contact number so we can notify you by phone (preferably cell, in case you are in transit) if a ride has been canceled. If it is raining in Tacoma at the time we need to leave for the scheduled ride, the ride will be canceled. We encourage riders to car pool. ☺

The COG Home Page

**Nov. Ride Calendar Deadline:
Weds, October 21, 2009**

**Nov. COG Article Deadline:
Thurs, October 22, 2009**

**Next Club Meeting: 6 PM,
Tuesday, October 20, 2009**

TWBC Members are encouraged to submit articles, information, letters and photographs to the Newsletter Editor. All submissions may be edited. Views are not necessarily those of the Tacoma Wheelmen's Bicycle Club or its Members.

The TWBC 'Smiling Bicycle' Logo was designed by Member Steve Lay, as are the majority of our Club Ride T-shirts, as well as the Club Jersey.



**TWBC Ride Line
253 - 759 - 2800
UPDATED
Sunday & Thursday!**

Please keep Database Commander Anne updated as to any USPS/E-mail address changes. It makes her job a lot easier! (If you don't receive your newsletter, contact the Editor!)

PRESIDENT:

president@twbc.org

Carla Gramlich, 253 - 879 - 0115

VICE - PRESIDENT:

vp@twbc.org

Vern Hase, 253 - 759 - 7246

SECRETARY:

secretary@twbc.org

Sue Coley, 253 - 539 - 0676

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Gus Fant, 253 - 564 - 4710

RIDE CAPTAIN:

ridecaptain@twbc.org

Cynthia Hammer

NEWSLETTER EDITOR:

newsletter@twbc.org

Dena Wessels, 253 - 857 - 5658

Reporters: Various members

DIRECTOR OF SPECIAL EVENTS:

events@twbc.org

Joyce Clifford, 253 - 759 - 2393

DIRECTOR OF COMMUNITY & GOVERNMENT RELATIONS:

gac@twbc.org

Bob Myrick, 253 - 473 - 7455

TWBC SAFETY & EDUCATION

Jim Ahrens, 253 - 566 - 3347

TWBC EQUIPMENT :

equipment@twbc.org

Steve Brown, 253 - 752 - 4038

Assistant Jim Davis



MEMBERSHIP DATABASE & MAILING:

database@twbc.org

Anne Seago, 253 - 761 - 0709

MEMBERSHIP:

Phyllis Lay, 253 - 759 - 1816

WEBMASTER:

webmaster@twbc.org

Currently Vacant, Apply Now!

DAFFODIL CLASSIC (2009): APRIL 19

daffodil@twbc.org

Frank Wilson

PENINSULA METRIC (2009): JUNE 7

pmc@twbc.org

Ron Nowicki

HEADWATERS CENTURY (2009): SEPT. 27

headwaters@twbc.org

Sue Coley

RAPSody Contact:

hapsody2005@earthlink.net

Ralph Wessels, 253 - 857 - 5658

CLUB JERSEY SALES:

jerseys@twbc.org

Peggy Fjetland, 253 - 841 - 4458

BIKE EXPO:

bikebooth@twbc.org

Peggy Fjetland, 253 - 841 - 4458

ANNUAL CLUB PICNIC: Aug. 18

lkvance@harbornet.com

Lou & Karel Vance

TWBC PUBLICITY:

publicity@twbc.org

Anita Beninger



PMC





E-mail Delivery

Tacoma Wheelmen's Bicycle Club
PO Box 112078
Tacoma, WA 98411

October
2009



E-mailed to:

Your computer or electronic device!

Please Note: You can become a Member at www.twbc.org. Click on 'Online' under the Join heading.

B e c o m e a M e m b e r o f T W B C

Name: _____

Address: _____

City, State: _____

Home Phone: _____

Work Phone (optional): _____

E-mail: _____ @ _____

(all info. is for Club use only--please print clearly!)

Please Check Those That Apply:

New Member Renew Addr Chg

Please Note: *COG* delivery is now electronically via E-mail, unless you indicate here for the more costly, less 'Green' delivery method through the US Postal Service.

Individual Person Membership Fee..... \$15 _____

Family Membership Fee..... \$20 _____

One-time Initiation Fee\$5 _____

Total Membership Fee(s)\$ _____



Send this form and a check for the total \$ amount to:

TWBC Membership
PO Box 112078
Tacoma, WA 98411

Check box if you do not want your USPS address, phone # or email address in the yearly membership listings.

Also...Check boxes if you are interested in volunteering for:

- Leading Bike Rides
- Events (Daffodil, PMC, Headwaters)
- Newsletter
- Club Meeting Programs
- Becoming a Club Officer

Thanks for becoming a Member of TWBC!