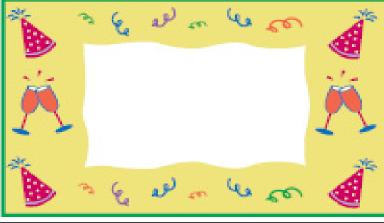


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> January 2007

Tacoma Wheelmen's Bicycle Club PO Box 112078

Tacoma, WA 98411





Please note: You can	hacama a mambar at	t www twhe ora	Click on fOnl	ine, under the	lain haading
riease note: Tou can	become a member a	t www.twbc.org.	CHCK ON 'ON	ine under the	Join neading

Become a member of Name:		Send this form and a check for the total \$ amount to: TWBC Membership
Address:		PO Box 112078 Tacoma, WA 98411
Home Phone:	The state of the s	[] Check box if you do not want your phone # or ad-
Work Phone (optional): E-mail:		dress in the membership listings.
Check Box: [] New Member [] Renew	AlsoCheck boxes if you are interested in volunteering for:	
Individual person membership	\$15	
Family membership	\$20	[] Leading Bike Rides
One-time initiation Fee for new members	\$ 5	[] Events
Total Manchauskin for	\$	[] Newsletter
Total Membership fee	[] Club Meeting Programs	
Thanks for becoming a member of TW	[] Becoming a club officer	









JANUARY 2007



pox

New Year – Old Resolutions By Carla Gramlich

Every January, at the "Y" I go to has an influx of new people for about the first 10 days. After that we go back done to the normal levels. So for the first couple of weeks of January, I have to plan to arrive early to find a parking place.

About 20 years ago, I decided at the first of the year that I was going to start a regularly exercise. I started at the gym; I belong to, about 3 times a week. At that time, I was using an exercise bicycle. After a couple of months of bicycling indoors and along with improvement in the weather, I decided to buy a bicycle and haven't looked back.

Do you want to get into bicycle? Is your New Year's resolution this year is to use that fancy bicycle that is collecting cobwebs in the garage? TWBC is the place to start. Every month we offer several rides at various lengths and levels. I encourage you to put down this newsletter and pump up those tires.

If it has been awhile since you have ridden, it is best to start out on a short causal paced ride. Even if you are now doing other activities to keep in shape, bicycling will use other muscles that could be sore the next day, or two days later. I think you could quiz those people that start at the "Y" every January and find a pattern that they over did it and stopped going after a couple of weeks.

If you do a ride of 20 miles and you held up pretty well, you could try a ride of 25 miles the next week. Gradually increasing your mileage is a common sense way to get into bicycling, either for the first time or after a long vacation from the bike. If you increase you mileage and have difficulties, go back down to the previous mileage and keep in that range for a couple of weeks.

Everyone is different so you will have to find out what works for you. Remember, something that was easy 20 years ago could be much harder today. Take in to consideration that as we grow older, it may take a little more time to get up to speed. If you miss a goal, don't be too hard on yourself. Realize that there are other demands on your time. Just try to get back to the bicycle, or fine tune your goals that better fit your life.

Besides riding with the club, you could also add commuting to increase your mileage each week. Commuting could be riding your bicycle to work once a week or every day. It could also be using your bicycle for those weekend errands and leaving the car at home. Not only will this help to increase you bicycling mileage but you will save gas and help the environment.

At the Annual Banquet we honor our Club Members that have bicycled during the year. We have on category that honors those members that bicycle with the club and other bicycle events, known as Club Mileage. Several years ago we started honoring Club Members that commute. Known as Commuting Mileage, these miles could be those done to ride to the start

continued on pg 5

the cog page 1

The COG Home Page

PRESIDENT:

president@twbc.org

Tim Payne, 360 - 871 - 4478

VICE - PRESIDENT:

vp@twbc.org

Vern Hase, 253 - 759 - 7246

SECRETARY:

secretary@twbc.org

Mary Dahl-Smith, 253 - 473 - 7174

TREASURER:

treasurer@twbc.org

Gus Fant, 253 - 564 -4710

TOURING CAPTAIN:

ridecaptain@twbc.org

Carla Gramlich, 253 - 879 - 0115

Deadline for Ride Calendar.

usually, 3rd Thurs of every month

NEWSLETTER EDITOR:

newsletter@twbc.org

Dena Wessels. 253 - 857 - 5658

Deadline for articles for the Coq.

usually 3rd Fri of every month;

Reporters: Various members

DIRECTOR OF SPECIAL EVENTS:

Joyce Clifford, 253 - 759 - 2393

MEMBERSHIP DATABASE & MAILING:

database@twbc.org

Anne Seago, 253 - 761 - 0709

DIRECTOR OF COMMUNITY &

GOVERNMENT RELATIONS:

gac@twbc.org

Bob Myrick, 253 - 473 - 7455

MEMBERSHIP:

Phyllis Lav. 253 - 759 - 1816

WEBMASTER:

webmaster@twbc.org

daffodil@twbc.org

WE NEED AN EVENT DIRECTOR!!!

HEADWATERS CENTURY:

Gene Smith, 253 - 272 - 6747

Peggy Fietland, 253 - 841 - 4458

RIDE CODE CHART

Pace Code: Average mph on flat surface:

- 1 Easy pace, frequent stops to catch up and regroup, 9-12 mph on flats.
- 2 Moderace pace, occasional stops to catch up and regroup, 12-15 mph. 3 - Steady pace, limited stops, cue sheets or maps provided, 13-16 mph.
- 4 Fast pace, very limited stops, cus sheets or maps provided, 16 + mph.

Terrain Code examples:

- A Mostly Flat (Inter-urban Trail)
- B Gently rolling with one or two steep hills
- C Rolling steeper hills (Kitsap Peninsula)
- D Difficult terrain with longer, steeper hills (Vashon Island)

Kris Symer. 253 - 212 - 2265

EQUIPMENT MASTER:

equipment@twbc.org

Chris Smith, 253 - 473 - 7174

DAFFODIL CLASSIC:

PENINSULA METRIC:

pmc@twbc.org

Mary Dahl-Smith & Corky Smith,

253 - 473 - 7174

headwaters@twbc.org

BIKE EXPO:

bikebooth@twbc.org

Peggy Fjetland, 253 - 841 - 4458

CLUB JERSEY SALES:

jerseys@twbc.org

ANNUAL CLUB PICNIC:

Carla Gramlich & Peggy Fjetland

TWBC PUBLICITY PERSON: WE NEED A PUBLICITY PERSON!!!



Next Club Meeting: Feb. 20, 2007 Ride Calendar Deadline: Jan. 18. Article Deadline for the COG: Jan. 19.

Hey Riders... Use this handy-dandy chart to decypher the ride code listed on the Monthly Ride/Event Calendar



TWBC Ride Line 253 - 759 - 2800 **UPDATED WEEKLY!**

TWBC BANQUET RESERVATION FORM **January 27, 2007** Wild West VFW Post 91, 2000 South Union Aveune

Please list the names in your party for name tags so you and others will know who you are... (please print clearly!)

Name:		α
Name:		
Name:		Jan Jan
Name:		
Name:	·	P
Number of adults	X \$20 each = \$	
Number of children	X \$15 each = \$	
	Total Enclosed = \$	2 9

Send this form and a check for the total \$ amount to:

TWBC Banquet PO Box 112078 Tacoma, WA 98411

SAVE THE DATE!!!

Transportation Lobby Day Tuesday, February 6, 2007 - all day

@ 110 11th Ave SE (11th and Capitol Way).

Join with the Bicycle Alliance of Washington, Transportation Choices, Sierra Club, Feet First, and many other non-profits for the first annual healthy, transportation Lobby Day.

(The specifics of the day will be posted at http://www.bicyclealliance.org in early January.)

Our priorities include:

- 1) Increased funding and policies to support bike lanes and sidewalks a complete streets umbrella package. We'll pursue education and legislation opportunities.
- 2) Educate legislators about carbon assessments and greenhouse gases.
- 3) Mobility education. Change drivers' education to include bicycle, pedestrian and transit education.
- 4) Work to revise State transportation goals with education and legislation.

Additionally we'll support cell phone legislation. We'll also be there to oppose any "bad" bills and support other legislation as needed.

JOB NOTICE:

Bicycle Alliance of Washington (BAW) Seeking New Executive Director

BAW is seeking a new Executive Director for its 2,800-member, statewide bicycle-advocacy organization. For application and contact information, visit the BAW website at www.bicyclealliance.org. Applications must be received by Friday, January 26, 2007, 5:00 PM.

Bike Laws for January

(Editor's Notes)

Let's get one thing clear at the very beginning: I am not a lawyer. The information I will be presenting in "Bike Laws" will be straight off of the State of Washington's website dealing with 'RCW's (Revised Code of Washington). In this state our laws are either RCW's or WAC's (Washington Administration Code). Breaking RCW's are generally a criminal offense & can usually get you thrown in jail, but not always. Breaking WAC's are generally a civil offense & usually get you a court date, in a different court than breaking an RCW.

Now, that is the usually's & generally's, but as is always said, CONSULT YOUR ATTORNEY FOR YOUR INDIVIDUAL LEGAL ADVICE. I asked a police officer one time what the meaning of a particular law was & was told that police officers can not explain the law, they just enforce the law--for explanation of laws, I would have to ask my attorney.

How many of us have actually read (&/or understood) the laws governing how we ride a bicycle? I thought it might prove interesting to review a few laws in the *COG*, for general membership discussion. Here are a few to start. In no way whatsoever does TWBC take any responsibility for it's members reading, understanding &/or obeying State bicycle or traffic laws; as TWBC members, you are individuals in your own persons; it would be, shall we say, responsible, to obey State bicycle and traffic laws.

RCW. 46.04.071
Definition of "Bicycle." (continued next column)

TWBC Summer Trip 2007

Over the last several Summer Carol and Roz Davis have organized the two week summer trip. This summer they are going to past on the fun of putting on this trip. If club members would like to have a two week bicycle trip another leader(s) is needed. It is not too early to start thinking about summer vacation.

Bike Laws, cont.

"Bicycle" means every device propelled solely by human power upon which a person or persons may ride, having two tandem wheels either of which is sixteen or more inches in diameter, or three wheels, any one of which is more than twenty inches in diameter.

RCW. 46.04.670 "Vehicle."

"Vehicle" includes every device capable of being moved upon a public highway and in, upon, or by which any persons or property is or may be transported or drawn upon a public highway, including bicycles. The term does not include devices other than bicycles moved by human or animal power or used exclusively upon stationary rails or tracks. Mopeds shall not be considered vehicles or motor vehicles for the purposes of chapter 46.70 RCW (Dealers & Manufacturers--i.e., Distribution, sale & lease of vehicles). Bicycles shall not be considered vehicles for purposes of chapter 46.12 (Certificates of Ownership & Registration), 46.16 (Vehicle Licenses), or 46.70 RCW.

RCW. 46.04.197 Definition of "Highway."

"Highway" means the entire width between the boundary lines of every way publicly maintained when any part thereof is open to the use of the public for purposes of vehicular travel.

RCW. 46.04.500 Definition of "Roadway".

"Roadway" means that portion of a highway improved, designed, or ordinarily used for vehicular travel, exclusive of the sidewalk or shoulder even though such sidewalk or shoulder is used by persons riding bicycles. In the event a highway includes two or more separated roadways, the term "roadway" shall refer to any such roadway separately but shall not refer to all such roadways collectively.



Bob Myrick
TWBC Director of
Community and
Government
Affairs



Government Affairs Report

Our committee met again on Tuesday, December 5 at the Taqueria Guadalajara in the Stadium District at First and Tacoma Avenues We plan to meet there again on Tuesday, January 2 at 7 pm to review our plans for the New Year. I hope you will review the December Government Affairs Report where I suggested it is of extreme importance for you and your friends to be involved in your local government to improve cycling conditions for health, recreation and transportation. Today, in Tacoma and Pierce County, we have a group of elected officials who are on our side and waiting to hear from you regarding your thoughts to provide safer cycling conditions and improve the health of our environment and community. The local staff members of the various cities, park departments and health agencies are looking to hear from you regarding how conditions can be improved. Please take the time this year to let your views be known to at least one government official or staff member.

Our committee discussed the following items of interest:

1. Forever Green Annual Meeting and First Pierce County Trails Conference. Several TWBC members were present at this meeting held on Monday, November 27. Tim Payne presented the Scott Pierson Trail in a seminar and discussed the importance of Scott's Trail since it connects downtown Tacoma, the North End and University Place to the New Narrows Bridge and the Cushman Powerline Trail in Gig Harbor. At least 75 people attended this important meeting. County Executive John Ladenburg was the keynote speaker and presented his grand vision of several major trails heading from the Puget Sound up towards Mt. Rainier. He had obviously thought about his vision a lot and was quite familiar with the efforts of local government, Forever Green, TWBC and the Foothills Coalition. This year we will be working on the vision by looking at a soft surface trail up the White River to Buckley, looking at a gravel trail up the Nisqually River from Yelm to Eatonville, and continuing to

- advocate for the trail system up the Puyallup to the Carbon River entrance at Mt. Rainier.
- 2. Starbucks Bike to Work Day. We decided to investigate expanding Cascade Bicycle Club's Bike to Work Day down here to Pierce County and possibly thruout the Puget Sound. Your help is needed. Look it up on the Cascade Website and help make it happen.
- 3. Tacoma and Pierce County Complete the Streets Campaign. We have been hearing from people in the community who want to see more people cycling and who believe that a more complete bike lane system would help. We have decided that a Complete the Streets ordinance or resolution would help focus the need for a roadway system that first looks at pedestrian needs, then cyclist's needs, then transit and finally, cars and trucks. Kirkland and possibly Seattle have adopted resolutions along these lines. We have decided such a petition would be a good way to bring our message to local government. Several local people have been identified who might help us including Diane Wiatr, Steven Garrett, Randy Balogh, Angela Strege and Theresa Turpin.
- 4. Cushman Powerline Trail Extension. A public meeting was held on December 6 at Gig Harbor City Hall to hear comment on Pierce County's proposal to extend the trail out to Borgen Boulevard. Ralph Wessels and I were there to listen to the local people. Most were in favor of the trail and a few were concerned at having a trail in their back yards. Well over thirty people were there to speak and listen. More meetings will be held as the expansion is a joint effort of Pierce County Parks and Gig Harbor. In the future, the new Peninsula Park District will be responsible for parks and trail development on the Gig Harbor side and a Key Peninsula Park District will be responsible for trail development past the Purdy bridge. We were concerned that this project was not ready to go out to bid since it has been at Pierce County Parks for at least five years now. It seems it will be studied and designed for all of 2007.
- 5. Lower White River Trail. Ernie Bay spoke about trail development in our area at Auburn City Hall on December 13. The audience was the Pierce County Bio-diversity Committee who appear to be an adhoc group of government staff members, elected officials and the public. The group has worked on a conservation plan for the Crescent

Gov. Affairs continued on pg 4

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Gov Affairs from pg 3

Valley area in Gig Harbor and the lower White River is their next focus area. The Cascade Land Conservancy has taken possession of the large tract along the river between Buckley and Auburn from Puget Sound Energy. Pat Johnson, the mayor of Buckley, envisions a soft surface trail along the river. She, Ernie and members of the Foothills Coalition hope to follow this process so that the public will have access to this protected riverside wildlife refuge and park.

- 6. Chehalis Western Trail Yellow Gate War. On December 5, the Thurston County Parks Board held a special meeting to hear concerns regarding the grey gates and the new yellow gates along the trail system. Most of you know the gates impede the smooth flow of bicycle traffic and the gates are especially difficult for disabled cyclists and tandem cyclists to pass thru. The Capital Bicycle Club turned out in force with testimony and video clips to illustrate the problem. John Berry and I were co-complainers on an ADA complaint last year. We had expected the gates to be removed this past summer. The Parks Department is concerned that a cyclist might dart out into traffic and sustain a serious injury.
- 7. Lanes on South 56th Street. Some Bellarmine High School students have been working on a class project to try and get bike lanes painted on part of South 56th Street. It is great to see high school students having an interest in bicycle travel, but we have not yet been successful in meeting with them to explore their ideas.
- 8. SR 507 Railroad Tracks and Rumble Strips. Highway SR 507 runs from the Roy "Y" to Roy, Mckenna, Yelm and points South. It is a major route for TWBC members and the Seattle to Portand Bike Event. You have read about Ralph Wessels' and our efforts to get the railroad track crossings improved over the past years. We have also asked for the too narrow bridges to be replaced. Now, the WSDOT has decided to grind in rumble strips along the edge of the road to save drunks and sleepy motorists. We agree that all users need to be protected and a rumble strip might actually save a cyclist from being hit by a car. We hope the WSDOT will follow their own rules regarding rumble strips. They are supposed to consult with various groups before doing rumble strips. We are advocating for a strip that does not affect us or the STP riders. There are thermoplastic rumble strips being used in Oregon and California that appear to be fairly friendly to cyclists so we are asking WSDOT to investigate these strips and any other ways that cyclists

can be protected from the cars as well as the rumble strips.

9. Transportation Choices Coalition. Several TWBC members also belong to this important lobby group. The 2007 Legislative Session is just around the bend on January 8. The Bicycle Alliance of Washington has met to discuss it's priorities for 2007. The Coalition wants a Transit and Roads Measure that supports our health, environment and quality of life. They want Better Transportation Choices. They want to Move More People and Goods Through Innovation and Efficiencies. They want Transportation for Healthy Communities. I want people to "Live Close to Work" and get off the system. The State's Highway Commission has finally admitted that we can't build our way out of congestion. We need to move our jobs closer to where people have been forced to live due to high home prices in Seattle. In the not too distant past, almost all people lived within five miles of work and the fortunate ones lived within a mile of their work place.

10. Seattle Metro Magazine Pedal City Article. The October issue reported on Seattle being a big time cycling place. Well, Portland looks much better since it has 163 miles of bike lanes compared to Seattle having 27 miles of bike lanes. Portland has 66 miles of bike paths compared to Seattle having 32 miles of bike paths. Boston has only 3 miles of bike lanes and 30 miles of bike paths. Don't you wonder what Tacoma has? In Seattle, there are almost 2000 cyclists riding to and from the downtown area on a daily basis. The average bike commuter pedals almost 2000 miles in a year in Seattle. These sound like big numbers and they are, but bike commuters in downtown Seattle make up way less than 5 percent of the daily traffic mix. I wish that downtown Tacoma had the same look of heavy bicycle use that Seattle appears to have. This magazine also had an article on Green Vehicles to save the planet. You can now get a Giant Lite Electric Bike from Electric Vehicles Northwest. It costs \$1300 and is supposed to reach speeds of 17 mph.

Thanks for any help you can provide this year to pass "Complete the Streets" resolutions in your community. We hope you have a great year and hope you can cycle more and worry less.

New Year - Old Resolutions, continued from pg 1

of a club ride, ride to/from work, or anytime you use your bicycle instead of your car.

Many Club Members try during the Club Year (November 1 – October 31) to ride at least 2000 miles to become part of the 2000 Mile Club. Please, remember that riding less then 2000 miles doesn't make you less worthy. Some people may never have the time or the gumption to ride 2000 miles during the year. I know that to make this goal, I really have to concentrate, and I always miss out on other things during the year. I hope that everyone, no matter how many miles they ride will be recognized for turning in their logs at this year's banquet.

Two thousand miles is a nice goal but everyone's goals should be riding more. Keeping track of your miles, can help you keep track of achieving your goal for the year. Submitting your log, helps the Club know what type of riders we have in our organization. It is also helpful information to have when we talk to government officials about improvements to our local streets.

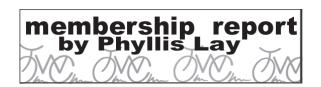
So, this year, do a safety check on your bicycle and start using it. I think you will find, like I did 20 years ago that TWBC is great way to learn new bicycle routes and meet other cyclists that can help you achieve your goal of bicycling in the New Year. Remember, to use the Club Ride log to keep track of your Club Mileage and the Commute log to keep track of you Commute Mileage. I hope next year to see some new names of Club Members who have done some bicycle miles, no matter what that mileage maybe.

Happy Cycling in 2007!



Awesome 1986 silver VW Quantum Syncro Station Wagon, bike, ski, & dog hauler. It's an Audi Quattro under the skin w/ 3 four-wheel drives, 5 cyl. & 5 sp. manual. Ready for 50 K more miles to complete 300K miles of service. New clutch, tune, timing belt, water pump, etc. Two sets of alloy wheels w/ ice & road tires, chains & more. This rally car is ready for cross-country skiing on steep mountain roads. 21 - 28 mpg & only \$1500 OBO. Call Bob Myrick @

253 - 473 - 7455 or BobMyrick@msn.com

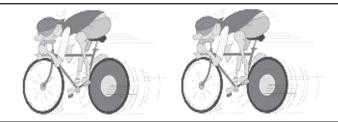


Renewals:

Caroline Baker; Jan Brame; Rod Briggs; Lonna Cain; Joyce Clifford & David Barton; Ruth Daugherty; Calvin Goings; Chris Goodman & Shawn Goodman; Victor Hanburgh; Santana Harris; Vern Hase; Linda Higgins; William Horn, Jr.; Jane Hostvedt; Lewis Jones; George Kelley; Jack Kelly; Dianne Koch; Roland Krebs; Patsy Lavelle; Steve and Phyllis Lay; Costi Mahshi; Ronald Nowicki; Dan, Robin, Dan, & Alex Partington; John D. Peranzi; Connie & Mat Reitzug; Marguerite Richmond; Teresa Seim; Tony Thomas; Lou & Karel Vance; Michael Wood.

New Members:

Anne Cutting & Family; Brian J Compton; Rick Dedrick; Barbara & Merritt Kline; Charles Mann & Family; Christopher Nelson; Lane Whitson.



Calendar Ride Notes

Beginner's Snowshoe/Cross Country Ski Trip Sat., Jan 6, 2007

Meet at the Park and Ride, just south of S320th in Federal Way at 730 am to carpool over the Pass to Cle Elum. Must have your own equipment. We will then drive up to Cle Elum to do the Volks Snowshoe/X country ski trip that starts at the Iron Horse Inn. No fee, if you aren't doing it for credit. Trip is on the level John Wayne Trail and you can do up to 10 k. This is a nice way to try Snowshoeing or Cross Country Skiing if you have never done it before or a great trip to if it has been a few years. We will have lunch at a restaurant in Cle Elum to complete the day.

No Snow in Cle Elem or really bad weather on the pass will cancel the trip. Trip Leader is Carla Gramlich @ 253 - 879 - 0115.

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twbc monthly event schedule Lipidall the ride line for the latest additions and corrections...253-759-2800

Day/- Day	Time	Ride Code	Dist- ance	Leader/ Contact @ (253)	Ride or Activity
Mon 01/01	9:30 AM	1 C	13 [& 20 +]	To Be Announced 759 - 2800	Monday in the Park. Loop Pt. Defiance, 13 miles [& to Fircrest, (espresso, scones)]. Beginners & seasoned veterans. Group riding; no solos. Rain Cancels. Start: Starbucks @ 26th & Proctor.
Mon 01/01	10:45 AM	2 B	17 or 26	Ralph Wessels 857 - 5658, 549 - 6952Cell	Polar Bear Jump Ride to Olalla. Mileage depends upon weather. Deep Snow Cancels. Start: Jerisich Park, Gig Harbor.
Mon 01/01	11:15 AM	00 Jump	00 & Enjoy	Dena Wessels 857 - 5658, 549 - 6961cell	Olalla Polar Bear Jump. Watch, jump, or wade into Puget Sound. Fins, mask, & snorkle optional. Car pool for ease of parking. Dress for cold & standing around. Start: Purdy Park & Ride. Call if joining.
Tues 01/02	9:30 AM	2 B	35 - 50	Call Ride Line 759 - 2800	Tues. Decide to Ride. Call RideLine for details.
Tues 01/02	7 PM	00 Meet	00 & Eat	Bob Myrick 473 - 7455	Government Affairs Meeting @ Guadalajara Taqueria in the Stadium H.S. area @ 1st & Tacoma Ave.
Thurs 01/04	9:30 AM	2 A	30	Lonna Cain 475 - 8853	Silk Road Smoooothly. Paved trail; few road crossings; no hills. Beverage of your choice (no host) in South Prairie. Rain Cancels. Start: East Puyallup Trailhead.
Sat 01/06	7:30 AM	2 A	not too many	Carla Gramlich 879 - 0115	Beginner's Snowshoe/Xcountry Ski Trip. Meet to carpool up to Cle Elum for the annual Volks snowshoe/xcountry ski outing. Please see Ride Notes for full info. No snow in Cle Elum or really bad weather on the pass will cancel. Start: S 320th St P & R, Federal Way.
Sun 01/07	9:30 AM	2 B	30 - 40	Louis Boitano 922 - 1168	Ride to Southcenter for lunch. Rain/snow will cancel. Start: Sumner Library.
Mon 01/08	9:30 AM	1 C	20	Joyce Clifford 759 - 2393	Hail, hardy & ready for coffee. Loop Pt. Defiance, then to Fircrest for espresso, scones. Beginners & seasoned veterans. Group riding; no solos. Rain/Freezing Cancels. Start: Starbucks @ 26th & Proctor.
Tues 01/09	9:30 AM	2 B	35 - 50	Call Ride Line 759 - 2800	Tues. Decide to Ride. Call RideLine for details.
Tues 01/09	6:30 PM	00 Meet	00 & Eat	Tim Payne 360 - 871 - 4478	Board Meeting @ the Kim Ahn Restaurant across from TCC on Mildred. All Club members are welcomed.
Thurs 01/11	9:30 AM	2 A	30	Lonna Cain 475 - 8853	Silk Road Smoooothly. Paved trail; few road crossings; no hills. Beverage of your choice (no host) in South Prairie. Rain Cancels. Start: East Puyallup Trailhead.
Sat 01/13	9:30 AM	2 A	50	Carla Gramlich 879 - 0115	Ride to Redmond for lunch buffet @ Sahib Cuisine of India in Redmond Town Center. Start: Gas Works Park in Fremont area in Seattle.
Sun 01/14	9:30 AM	2 C	40	Carol & Roz Davis 460 - 5622	Ride to Port Orchard for something to eat. Start: Purdy P & R.

twbc monthly event schedule Call the ride line for the latest additions and corrections...253-759-2800

-	<u> </u>				
Day/- Day	Time	Ride Code	Dist- ance	Leader/ Contact @ (253)	Ride or Activity
Mon 01/15	9:30 AM	1 C	20	Joyce Clifford 759 - 2393	Hail, hardy & ready for coffee. Loop Pt. Defiance, then to Fircrest for espresso, scones. Beginners & seasoned veterans. Group riding; no solos. Rain/Freezing Cancels. Start: Starbucks @ 26th & Proctor.
Tues 01/16	9:30 AM	2 B	35 - 50	Call Ride Line 759 - 2800	Tues. Decide to Ride. Call RideLine for details.
Weds 01/17	Fun	Facts	Notes	Wacky Wednesday	Prohibition became official in the U.S. in 1920.
Thurs 01/18	9:30 AM	2 A	30	Lonna Cain 475 - 8853	Silk Road Smoooothly. Paved trail; few road crossings; no hills. Beverage of your choice (no host) in South Prairie. Rain Cancels. Start: East Puyallup Trailhead.
Sat 01/20	8 AM		2 B, 25 - 35	Steve & Phyllis Lay 759 - 1816	Pancake Breakfast & Steve's BD Ride. Bring \$\$\$ for all you can eat breakfast. Gifts for Steve are optional. Start: Starbucks @ 26th & Proctor.
Sun 01/21	5 PM	00	00	Bob Myrick 473 - 7455	Enjoy Blue Vespers w/ the Mark Riley Trio w/ special guest Jerry Miller. Event usually lasts just over an hour & is mostly all Blues music. Start: Immanuel Presbyterian Church @ 909 N. "J" St, about six blocks north of the Parkway Tavern.
Mon 01/22	9:30 AM	1 C	20	Joyce Clifford 759 - 2393	Hail, hardy & ready for coffee. Loop Pt. Defiance, then to Fircrest for espresso, scones. Beginners & seasoned veterans. Group riding; no solos. Rain/Freezing Cancels. Start: Starbucks @ 26th & Proctor.
Tues 01/23	9:30 AM	2 B	35 - 50	Call Ride Line 759 - 2800	Tues. Decide to Ride. Call RideLine for details.
Weds 01/24	Fun	Facts	Notes	Wacky Wednesday	Beer was first sold in cans in 1935.
Sat 01/27	6 PM; 7 PM		M eet, & Eat	Bob Myrick 473 - 7455	TWBC Annual Banquet, Wild West VFW Post 91, 2000 South Union Ave. Send in your \$\$\$ to guarantee a reservation spot @ the Social Event of the year!
Sun 01/28	6 AM	2 B	50	Carol & Roz Davis 460 - 5622	Ride around Lake Washington. Maybe this time it won't be rained out!!! Start: Gene Coulon Park, Renton.
Mon 01/29	9:30 AM	1 C	20	Joyce Clifford 759 - 2393	Hail, hardy & ready for coffee. Loop Pt. Defiance, then to Fircrest for espresso, scones. Beginners & seasoned veterans. Group riding; no solos. Rain/Freezing Cancels. Start: Starbucks @ 26th & Proctor.
Tues 01/30	9 AM	2 B	35 - 50	Call Ride Line 759 - 2800	Tues. Decide to Ride. Call RideLine for details.
Weds 01/31	Fun	Facts	Notes	Wacky Wednesday	The twist-off bottle cap was invented in 1956.

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