



Tacoma Wheelmen's Bicycle Club
PO Box 112078
Tacoma, WA 98411



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September
2007

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City, State: _____

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Individual person membership Fee..... \$15 _____

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TWBC Membership
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Tacoma, WA 98411

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address in the yearly
membership listings.

Also...Check boxes
if you are interested
in volunteering for:

☐ Leading Bike Rides

☐ Events

☐ Newsletter

☐ Club Meeting Programs

☐ Becoming a Club Officer

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tacoma wheelmen's bicycle club newsletter
www.twbc.org 253-759-2800
po box 112078 tacoma, wa 98411
since 1888

September 2007

Annual Picnic Survives Downpouring of Rain in "Garden Paradise" Setting

Submitted by Karel Vance

Gray skies didn't deter 9 Tacoma Wheelmen from riding to Caroline Baker's home from the North End of Tacoma on Sunday, August 19, where we joined other Wheelmen for the annual summer picnic. Somehow we managed to skirt the black clouds that threatened rain throughout the day. Perhaps being prepared with wet weather gear acted as a deterrent, as undoubtedly, had we gone without, we would have surely been soaked! We did think about those of you who were out on the RAPSody pre-ride, wondering if you were as lucky as we were to avoid the precipitation. Even with the threat of rain and a downpour during dessert we all enjoyed the ride and the Baker's beautiful gardens that surround their home. Thank you, Caroline, for graciously hosting the Wheelmen's picnic!



Lou & Karel Vance 'lead the pack' arriving at the Annual TWBC Picnic.

(Photo submitted by Marguerite Richmond)

The COG Home Page

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ANNUAL CLUB PICNIC:

Who wants to volunteer for 2008?

PMC

Next Club Meeting:
Tuesday, September 18, 2007

October Ride Calendar Deadline:
Thursday, September 20, 2007

Article Deadline for the Oct. COG:
Friday, September 21, 2007

(If you don't receive your mailed newsletter, contact the editor!)

The TWBC 'Smiling Bicycle' Logo was designed by member Steve Lay, as are the majority of our Club Ride T-shirts, as well as the Club Jersey.

TWBC Ride Line
253 - 759 - 2800
UPDATED WEEKLY!

Adventures in Europe: Part 1

Submitted by Carol Davis

A bicycle trip is always an adventure. My definition of adventure is a trip during which things happen which are not planned for. Just being on a bicycle puts you out there dealing with all sorts of elements the average tourist wouldn't have to deal with. Of course, if you go on a trip with nothing planned, every part of it is an adventure.

I did have a couple things planned before we left. We had round trip tickets to Zurich. I had a reservation at a hotel near the airport that has a shuttle big enough to carry our bike boxes, and a room to keep our boxes in while we were gone. I had an idea for an itinerary which included biking across Switzerland and back across Northern Italy. I even had Italian road maps.

Zurich is a really great place to fly to start a trip. Everything is so orderly. We marched off the plane over to the baggage claim where our bikes were waiting for us, picked up a free cart, walked out to the curb, got on our free shuttle. At the hotel (not free), we took our bike boxes up to our lovely large room, and I relaxed while Roz put the bikes back together. (Well, I did go across the street to get him beer, and I held the bikes from time to time. You might want to impeach me for admitting that!)

The next day we explored Zurich on foot. We picked up a bike map of Zurich and a bike map of Switzerland, so we were ready to go!

When we rolled out the next morning, the rain stopped, and it was a beautiful day. Armed with our Zurich bike map, it should be easy to make our way across Zurich. However, European bike maps show where the routes are, but how do you get on the route, and then how do you stay on the route?! Bike routes go every which way across Zurich, and so did we! It took us all morning to go 15 miles, and get to the Lake Shore. The afternoon was a lovely ride along the lake. We got a room in a beautiful resort on the lake, and went off to the store to get food for dinner. As I crossed a very busy road to go back to our room, Roz shouted, "Carol, your glasses!" I had left them sitting on my pannier. They fell off, and got run over 3 times. The lens was out and all scratched up. The frames were mangled beyond repair...

So I thought! Roz is a genius! I drank wine while he meticulously put my glasses back together. And I could see out of them!

So that was the first day of our bicycle trip. I promise not to tell about every single day!

To be continued. . .

Clear out those bicycle trunks, those jacket pockets, & get your Ride Leader sheets into Ride Captain Carla. Drop 'em in the mail them addressed to "Ride Captain," or come to the Sept. Club meeting!

Island Hopping, continued from page 10

on, and down again to the water, and had our lunch there. We had left our panniers with the ranger with the idea that we might want to tackle Mt. Constitution on our return.

So, after climbing away from the waterfront at Olga, we turned right and continued going up, even more sharply, to the 3000' peak of Mt Constitution, achieved in less than 5 miles. I think that it is even a steeper ascent than climbing to Paradise, and my legs know it is! I didn't make the effort to climb, by foot, the last 50' or so to get the, reportedly, beautiful surround view of all the islands. I had seen and done enough!

We returned to the ranger's station, retrieved our panniers and set out for the ferry. We had two hours, giving us the 20 minute leeway, and were pretty confident we could make it, although we choose to take the shorter, less scenic route of Orcas Road instead of Clover Valley. The only thing, besides tired legs and a few unanticipated hills slowing our travel, was the number of times the chain dropped when Steve shifted. I tried not to think it was something he was doing wrong because it became my job to put it back on—and get black grease on my newly painted fingernails! We are sure there is something the matter with the derailleur adjustment but neither of us feel comfortable making any adjustments.

We made the ferry just as they were loading. After tying up our bike, we went upstairs, found some comfortable seats, and promptly fell asleep. I only awoke when they were announcing the arrival at Anacortes. We stopped at Beppos in Seattle for a good Italian dinner and got home by 8:30 p.m. A perfect weekend.

Island Hopping

Submitted by Cynthia Hammer

After our return from biking in Wisconsin in May, I developed a strong aversion to riding on noisy, high traffic roads and a longing for quiet, country roads and rural scenery. The only place in the state I could think of offering these attractions were the San Juan Islands where we hadn't been for over 25 years. They couldn't have changed that much in that time, could they?

Once the decision was made to go to the San Juan for a weekend bike trip, we encountered the really challenging part---finding a place to stay when searching only 4 weeks in advance. I checked every hotel, motel, and B and B on Orcas Island---no room at the inn. But I did find a single, simple room on Lopez Island available on Saturday night and we could stay in Anacortes Friday night before taking the Saturday morning early ferry. We arranged our trip so we would ride Camano Island on Friday, Lopez on Saturday and Orcas on Sunday.

We departed around 8 a.m. for Camano Island. It was a good day for cycling---overcast and somewhat cool. It is a good 40 mile up and down ride around the island, and the roads were surprisingly quiet. We got to explore the Camano Island State Park which is a quiet, woodland, waterfront retreat, and have plans to return there in the future. We, again, got to have a good lunch at the only restaurant on the island. We finished about 5 p.m. and drove onto Anacortes where we were staying at the Ship's Harbor Inn, which overlooks the ferry dock. It was a surprisingly nice place to stay---they even make up a bag breakfast for you to take on the ferry in the morning.

Bikes needs to get to the ferry loading 20 minutes early so we arrived at 7:15 a.m. for the 7:35 a.m. ferry. One hour later we were unloading onto Lopez with grey skies overhead---and no raingear. But the weather held and the sun even came out late in the afternoon.

First we bicycled down the left side of the island, checking out Spencer Spit State Park, and Sperry Island where our sons had gone to Camp Nor'wester but now is a private compound for the Paul Allen family. We bicycled pass MacKenzie Harbor---the B and B located there---and the numerous kayaks pulled up on the shore, with another plan

to return there to kayak some day. We tried to ride every road on the island, but still were finished by 1:30 p.m. when we went into town and the Farmer's Market hoping to buy some food for lunch.

But this Farmer's Market only had one farmer, and lots of craftsmen and craftwomen with their wares for sale! We went to a deli across the street. To us Lopez hadn't changed much in the years since we had stopped there on a rented sailboat but to a couple we spoke with who had retired, at a young age, there about 20 years ago, there had been a number of changes---they cited the deli we were eating at as one---but couldn't come up with much else---perhaps a few more establishments. Lopez remains a quiet island because there are so few places to stay overnight. We enjoyed its peace and tranquility.

It must have had its impact as I fell asleep for a 2 hour nap when we got to our lodging while Steve went out and paddled around Fisherman's Bay Harbor. Although there are three or four restaurants on the Island, the one recommended to us was The Galley, about 2 miles down the road from our lodging. Because we would be riding our bikes and there were no shoulders or street lighting, we went for dinner earlier than usual so we could ride back while it was still light. The TV in our room only seemed to work if you had brought along some videos (which we hadn't) so I managed to finished reading the book I had brought with me before falling asleep.

Up at 6:30 a.m. to have a quick bite at the bakery before heading off for the ferry to Orcas Island. Our map looked like heading right would take us on a circuitous route and show us some new scenery, but after riding several hilly miles, our road turned to washboard gravel. The driver in a passing car said it remained gravel until coming into Eastsound, which was 6 miles away. We retraced our steps and headed left up the island, turning off the main road as soon as we could. We had on lovely, although hilly (but we expected that) ride on Crow Valley Road passing farmlands and grazing cattle.

We only stopped briefly in Eastsound as it was just 10:30 a.m. and, we thought, if we rode on we could have lunch at Rosario's. But when we got to their entrance---it looked like a long downhill descent---and it was only 11 a.m. so we decided to ride on. The ranger at Mt Moran State Park told us that, yes there was still a deli at Olga, so we rode

Island Hopping, continued on page 11

President's Message
for September

By President Carol Davis

Bicycling through Europe, one can't help but compare what it's like to cycling at home. Of course, everyone has heard how much more bicycle friendly most European countries are. I don't have hard facts, but it does appear that much more of the Europeanpopulation rides a bike. There are all kinds of cyclists, from old ladies in babushkas to fancy-clad racers. Mail is delivered by bicycle, as is bread and other necessities. The infrastructure to support cycling is much more developed as well. Bike lanes, paths, and routes are everywhere. Bike routes appear to go right through people's yards. My favorite is the special bicycle stoplight with red, yellow and green bicycles that light up.

However, considering the vastness and diversity of our country, we really have a lot going for us! We have organizations that support and promote cycling in most cities across the nation at many different levels. We have bike lanes on many city streets, and bicycle paths continue to be built. Rails to Trails converts old rail beds into long distance paths, and Adventure Cycling has put together numerous national bike routes. TWBC and its members have played a major role in developing bicycle infrastructure in our area. The health benefits of cycling are touted by many, and more and more people take it up.

But what can we do about the non-cycling public that wants to run us off the road? In Europe, the attitude of people in cars seems to be different. On narrow mountain roads, cars slow down and wait until they can pass you safely. In the busy cities automobile drivers in traffic calming roundabouts respect our right to be there, too.

Of course, many US drivers are respectful to cyclists, but there seems to be a culture out there that doesn't think we belong on the roads. What can we, as individual cyclists and together as an organization, do to gain the respect and change that culture? Most of us are respectful to those drivers most of the time. As a club, we already contribute a great deal to our community. Are there more contributions we can make, and can we do more to increase the awareness of the general public?

Let's put our heads together, and see what we can do!



Welcome Back!

By VP Gene Smith

It won't quite be Fall when you read this, but the season is nearly upon us! And that means we have plenty of nice, mild days coming up for riding. Well, it also means that our monthly club meetings are returning to the calendar; our next meeting will be Sept 18th at 7:00pm. You won't want to miss it because there are a couple of great things happening.

The first is some swap-n-shop fun before the meeting begins. Please bring any bicycling stuff that you'd like to sell, barter with, or give away. Maybe something you bought this summer that didn't work out, something left over after an upgrade, or I suppose even that old, used up pair of shorts that you don't wear anymore. Whatever it is, bring it with you and we'll see what happens.

As the feature presentation for our meeting, our treasurer, Gus Fant, will share with us his experiences on a couple of major rides: Cycle Oregon, and Summit to Surf. I look forward to seeing all of you at the meeting, in the meantime have fun and ride safe!

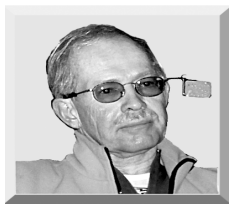
membership report
by Phyllis Lay

Renewals:
Barbara Arlett, Bob & Lois Baxter, Paquita Calva & Donald Tock, Geoff Cribb, David & Patricia Killen, Arlene Schubert, John, Melanie, Ben & Emma Summerour, Greg Torfin, Bob Vogel, & Donald Williams

New Members:
Bryce Brown, Michael Farnsworth, Christopher Hunt, Joan Machlis, Michael Mulligan & family, & Sara Stiltner

TWBC would like to especially welcome it's two brand newest, smallest and tiny members, Shawn T., & Elise K. Vogel. A new baby arrived to the household of parents Bob & Koko Vogel, & big sister Sophia, on August 10, 2007.





Bob Myrick
TWBC Director of
Community and
Government
Affairs

Wilkeson Wanderings

Submitted by Bob Myrick

On Thursday, July 26, I spent the day in Wilkeson enjoying the local trails available to mountain bikers, hikers, runners and horsemen. The Pick and Shovel Restaurant provided a great breakfast at 9AM and I was entertained by the owner who also runs a mortgage brokerage firm in Sumner. She indicated our Foothills group could have a banquet style breakfast up there if they didn't might eating in the bar room area.

It was a really nice day so I started by riding up towards Carbonado on the paved trail which soon changed to dirt. I continued to the spot where there are three big logs stacked across the trail and a "no trespassing" sign with a "tank" trap on the other side. I knew the County owned half the right of way thru there so I kept on going. After a while, I encountered about 12 blown down trees along with their branches. I worked my way thru this challenge and arrived near the Carbonado Cemetery. I stepped over an old barbed wire fence and walked thru the cemetery over to Carbonado's portion of the trail. After passing thru Carbonado, I rode up the highway less than a mile and got back on the abandoned rail corridor. This section of trail up to the high one-way bridge is my favorite piece of trail. I continued until the mud was encountered. I decided to ride back since I was only wearing biking sandals. With real biking shoes, I could have continued to the Manley-Moore Bridge. After I got back to Carbonado, I took the fast way down the highway to Wilkeson. Then, I decided to ride downstream towards Lower Burnett. I entered the Gale Creek Canyon and found the Syco Riders had done a really great job mowing and clearing the right of way. After a while, about half way down, I encountered some jungle and nettles where the Syco Riders had plans to finish the job later (this section is now cleared as well). I passed over the County bridge, entered Lower Burnett and rode the highway back up to Wilkeson.

By the time I reached Wilkeson, I was hungry again, so I had lunch at the Pick and Shovel and saved my energy bars for some later time. After a fine lunch, I decided to explore the Wilkeson-Spiketon Road that leads to Buckley. Some of you may know the Tacoma Wheelmen used to do a loop ride from Buckley to Wilkeson using the Wilkeson-Spiketon Road. The ride would typically be in late August so a

Wilkeson Wanderings, continued on page 9



RIDE CAPTAIN REPORT

By Carla Gramlich



This summer has been a rather wet one. I am getting a little tired of riding in the rain like I have done on several Sunday rides. Even with the rain I was surprised at the turn out for the Tour de Pierce in June. We also found out that chalk paint, that must be use for this ride, doesn't hold up well in the downpour that we had that day.

This year I have also found out how hard it is to get my 2000 miles when I didn't do a club trip. Most years I have done a week trip that really helps to add up those miles. I may just be handing out the 2000 miles awards this year.

I am looking forward to the opening of the Bike Lane on the new Tacoma Narrows Bridge. I was wondering if members on the other side of the bridge are going to avoid coming to Tacoma but I still see those members on rides. I haven't been over to Gig Harbor since the bridge opened (and toll started) but will probably use the FREE Bike Lane as it is officially open come this fall. Hope to see a couple of TWBC rides over the Bridge when we get word that we can use the bridge.

Last month, I had received numerous emails with the status of Mike Madden's injuries following a bicycle accident. When the newsletter was going to print we still didn't have word concerning his recovery. I am so glad to report that Mike is on the mend following two surgeries. We had a surprise visit from Mike and Marcia on August 4, only a week after Mike returned home from the hospital, when members from my Guatemala group was working on the 1000 Friends home.

Joyce Clifford is organizing a couple of TWBC days to work on Mike and Marcia's 1000 Friends home on September 14 and 15. If you have thought about sending Mike flowers, why don't you spend a day or two helping on their Habitat home? See the website to sign up to volunteer. Mike and Marcia did the hard part by riding their tandem 5000 miles to raise funds for this home. Now is an opportunity to lend a hand, especially because Mike is not able to help out due to his recovery. Hope to see lots of members on the worksite.

Ride Captain's Report, continued on page 9

Select Group of Volunteers Needed (You Can Be a "Local Hero!")

Submitted by Roger Laybourn
Clover Parks Kiwanis & RAPSody Volunteer



The Bicycles From Heaven program run by the Clover Park (CP) Kiwanis Club needs your help if it is to continue. Bicycles from Heaven is one of the CP's Kiwanis largest projects, and one in which TWBC assists. The CP Kiwanis partner with the McNeil Island Bike Shop in the McNeil Island Corrections Center to refurbish and distribute bicycles and helmets to kids who can't afford them (and some adults, as well). The CP Kiwanis work with a variety of agencies throughout the year to identify those deserving kids and some adults who would benefit from bicycle ownership. The Kiwanis Club of Peninsula-Gig Harbor has a similar program with the Washington Corrections Center for Women in Purdy. Thousands of bicycles have been placed in the hands of kids and some adults since these programs were started.

Male or female, each Corrections Center has a dedicated inmate crew that rebuilds bicycles donated by the local communities. There are educational requirements to complete and exemplary conduct to maintain, but inmates who accomplish these tasks are able to apply for a work program position in the bike shop. Once accepted, inmates can then learn, under careful supervision, to develop mechanical skills that may in turn provide avenues for jobs once they are able to re-enter the general community. Inmates consider obtaining these correctional bike shop jobs as a privilege.

Due to a change in policy at McNeil Island, there will no longer be a corrections officer assigned to supervise the inmates that work in the bike shop. Than means that we need a couple of outside, local volunteers to go to McNeil to work with the inmates that work in the bike shop rebuilding the bikes that are given away to those deserving kids (& some adults).

If we get a few volunteers, we can get the McNeil shop opened again and resume our project. If you have available at least four hours a day, know a little more than the difference between "lefty-loosey" and "righty-tighty", and

have worked on bikes at some point before, please contact Roger Laybourn @ 253-584-1558 or rlaybourn@msn.com for further details. You too can be a "local Hero!"

Editor's Note: see more about Puget Sound Kiwanis @ www.kiwanisclub.org. The CP Kiwanis will celebrate their 40th year in 2008. That's a lotta community service!

Willeson Wanderings, continued from page 4

cyclist could wade thru a branch of South Prairie Creek just south of Buckley. It would really be great to have a pedestrian bridge re-established across the creek. The Wilkeson-Spiketon Road was a good mountain bike ride as the road deteriorated as I got closer and closer to the creek. I also saw several trails leading into the forested land on both sides of the road that begged for further exploration.

In summary, it is easy to spend a full day exploring the roads and trails in the Wilkeson area. I wish the County would hurry up and complete their purchases just downstream from Carbonado. It would be great to be able to run the Rainier to Ruston race thru this area next year. A bridge across South Prairie creek on the Wilkeson-Spiketon Road would allow a great loop ride using our Foothills Trail. I'm really pleased the Syco Mountain Bike club has adopted the Gale Canyon area. The Syco riders have also been helping the Mount Tahoma Trails Association with their efforts to provide a mountain bike experience on DNR lands on the cross country ski trail system near Ashford.

Ride Captain's Report, continued from page 4

Ride to Centralia and back
Sept 22 – 23

I am leading ride down to Centralia to stay at the Olympia Club Hotel. If you would like to do this ride, you need to make your reservations by calling 866-736-5164. The Olympia Club Hotel is a renovated building by McMenamins. Included with your room is a movie in their theater. We can order dinner and enjoy it while watching a movie. There is an option to ride down and return to Tacoma by Train. If you would like to do this you will need to contact Amtrak for the schedule of trains leaving Centralia Saturday afternoon to return to Tacoma. For more information contact Carla Gramlich, 253-879-0115 or email ca_gramlich@yahoo.com.

Thank You
Wonderful RAPSody Volunteers!

Submitted by Ralph Wessels

Many thanks to all of the Tacoma Wheelmen that volunteered for the RAPSody Bike Ride. We again had very positive comments from the riders and some suggestions on how to do things better. There were just over 300 registered riders although the count at the ferry was 266. The weather was great for riding but the possibility of rain in the forecast may have caused a few no-shows. 26 riders did the ride in 1-day with the first returning at 4:45 PM. The 2-day riders arrived between noon and 5:15 PM. For the 2-day riders, the 2007 ride may be remembered by some as the year of the cold showers (The Shelton High School had unexpectedly shut down their boiler). We will discuss this with the school district. On the plus side, the lawn sprinklers in the 'tent-camping' area (a practice field), were turned off!

Volunteers from TWBC included: Louie Boitano, Jan Brame, Kathy Cushman, King Cushman, Mary Dahl-Smith, Carol

Davis, Roz Davis, Steve Davis, Jim DeYoung, Peggy Fjetland, Carla Gramlich, Cynthia Hammer, Steve Hammer, Vern Hase, Phyllis Lay, Steve Lay, Toni Matson, Bob Myrick, James Neil, Tim Payne, Anne Seago, David Seago, Corkey Smith, Gene Smith, Dale Stirn, Ben Summerour, Emma Summerour, John Summerour, Melanie Summerour, Dena Wessels, and Ralph Wessels.

Special thanks goes to Mark Pentony of Mark's Bike Works in Shelton, Jim and Linda Couch of Spoke & Sprocket, and Roger Laybourne with the Clover Park Kiwanis.

And many thanks to our co-hosts, BIKES of Snohomish County, Capital Bicycle Club, Seattle Bicycle Club, and West Sound Cycling Club, and also the many other supporters of RAPSody.

We are already beginning to plan for the 2008 RAPSody, which will go over the new Tacoma Narrows Bridge. If you would like to be part of next year's organizing committee, contact Carol Davis, Tim Payne, Bob Myrick, Carla Gramlich, Dena Wessels, or Ralph Wessels.



Volunteers for RAPSody, checking the course during the Pre-Ride on the way to Port Orchard.

(Photo submitted by Carla Gramlich)

 twbc monthly event schedule call the ride line for the latest additions and corrections...253-759-2800					
Day/ Day	Time	Ride Code	Dist- ance	Leader/ Contact @ (253)	Ride or Activity
09/01 Sat	8 AM	3 B	85 - 100	Gene Smith 272 - 6747	Headwaters Century Pre-Ride. Ride the Pre-Ride, then volunteer the day of the ride. Start: Enumclaw High School.
09/01 Sat	8 AM	2 B	85 - 100	Carla Gramlich 879 - 0115	Headwaters Century Pre-Ride. Ride the Pre-Ride, then volunteer the day of the ride. Start: Enumclaw High School.
09/03 Mon	9:30 AM	1 C	22 (13)	Lou & Karel Vance 921 - 4847	Hail, hardy & ready for coffee. Loop Pt. Defiance. Someone will stay with the slowest rider. Regroup at Ft. Nisqually, then onto Fircrest for espresso/raspberry scones. You can shorten to 13 miles by cutting out Fircrest. Rain Cancels. Start: Starbucks @ 26th & Proctor.
09/04 Tues	9 AM	2 B	30 - 50	Call Ride Line 759 - 2800	Tues. Decide to Ride. Call RideLine for details. Start: Call Ride Line or check the Club website.
09/04 Tues	7 PM	00 Meet	00 & Eat	Bob Myrick 473 - 7455	Government Affairs Meeting @ Guadalajara Taqueria in the Stadium H.S. area @ 1st & Tacoma Ave. All are invited to participate.
09/05 Weds	All	Day	Wacky	Wednesday	Fight Procrastination Day - observed the 1st Wednesday in September.
09/06 Thurs	9: 30 AM	2 A	30	Lonna Cain 475 - 8853	Silk Road Smooooothly. 100% paved trail; w/ very few road crossings;. No hills, no unpleasanties or your money back! Smoothies or beverage of your choice in South Prairie (no host). Rain Cancels. Start: East Puyallup Trailhead.
09/08 Sat	9:30 AM	3 B	65	Carla Gramlich 879 - 0115	Headwaters Century Pre-Ride. Ride the Pre-Ride, then volunteer the day of the ride. Start: Enumclaw High School.
09/09 Sun	7 AM	All	45, 65, 100	TWBC, Gene Smith 272 - 6747	TWBC's Headwaters Century, \$\$\$. Start: Enumclaw High School. www.twbc.org
09/09 Sun	10 AM	2 C	5	Joe Small 228 - 9554	Dash Point Fat Tire Fest & Poker Run. Mt. Bike enthusiasts will like this event presented by Phil's South Side Cyclery. Look to teamtailwind.com for more info. Call Joe for Start Location.
09/10 Mon	9:30 AM	1 C	22 (13)	David Barton, Joyce Clifford 759 - 2393	Hail, hardy & ready for coffee. See 09/03 for Ride Details.
09/11 Tues	9 AM	2 B	30 - 50	Call Ride Line 759 - 2800	Tues. Decide to Ride. Call RideLine for details. Start: Call Ride Line or check the Club website.

twbc monthly event schedule call the ride line for the latest additions and corrections...253-759-2800					
Day/- Day	Time	Ride Code	Dist- ance	Leader/ Contact @ (253)	Ride or Activity
09/11 Tues	7 PM	00 Meet	00 & Eat	Carol Davis 380 - 8819	Board Meeting @ the Kim Ahn Restaurant across from TCC on Mildred. Guests & Club members welcomed.
09/13 Thurs	9: 30 AM	2 A	30	Lonna Cain 475 - 8853	Silk Road Smooooothly. See 09/06 for details.
09/14 Fri	8 AM	1 A	Ride to House	Joyce Clifford 759 - 2393	TWBC Builds Day. Mike & Marcia Madden did the hard part of bicycling across the country to raise money to build a house. Now we can help build that house. Call Joyce for Start Location.
09/15 Sat	8 AM	1 A	Ride to House	Joyce Clifford 759 - 2393	TWBC Builds Day. Mike & Marcia Madden did the hard part of bicycling across the country to raise money to build a house. Now we can help build that house. Call Joyce for Start Location.
09/15 Sat	9 AM	3 B	25	Gene Smith 272 - 6747	Training Ride. Route decided at start. Emphasis on maintaining steady pace using good cadence & spinning techniques. Paceline/drafting experience not required but may be integrated during ride depending on cyclist experience. Start: Spoke & Sprocket, University Place.
09/16 Sun	9:30 AM	2 B	50	Gus Fant 564 - 4710	FOGLR. Silver Lake for lunch. Please RSVP so there is enough food for lunch. Lake Phone is 360-835-4190. Start: Roy Y Park & Ride.
09/17 Mon	9:30 AM	1 C	22 (13)	David Barton, Joyce Clifford 759 - 2393	Hail, hardy & ready for coffee. See 09/03 for Ride Details.
09/18 Tues	9 AM	2 B	30 - 50	Call Ride Line 759 - 2800	Tues. Decide to Ride. Call RideLine for details. Start: Call Ride Line or check the Club website.
09/18 Tues	7 PM	00 Meet &	00 Great	TWBC 759-2800	September Club Meeting. M/A Wild West VFW Post #91, 2000 S. Union Ave., Tacoma.
09/20 Thurs	9: 30 AM	2 A	30	Lonna Cain 475 - 8853	Silk Road Smooooothly. See 09/06 for details.
09/21 Fri	All	Day	Friday	Fabulous	The Birth of the Ice Cream Cone. www.allabouticecream.com/History/nationaldays.html
09/22- 09/23? Sat - Sun?	9:30 AM; 9:30 AM	2 B; 2 B	65; 65	Carla Gramlich 879 - 0115	Bike to Centralia. Ride down & stay @ The Olympic Hotel Theater (downtown area). Call 866-736-5164 to reserve your room. Option of 1-day trip returning via AMTRAK (must call to reserve spot for bicycle to Tacoma). Option of 2-day trip returning to Tacoma on Sunday. Start: Parkland Transit Center.

twbc monthly event schedule call the ride line for the latest additions and corrections...253-759-2800					
Day/- Day	Time	Ride Code	Dist- ance	Leader/ Contact @ (253)	Ride or Activity
09/23 Sun	9 AM	2 C	50	Carol & Roz Davis	Ride to Vashon, Return via Peninsula. Catch 9:15 AM ferry & ride across Vashon, then leave the island to Southworth, return to Tacoma. Bring \$\$\$ for ferry. Start: Pt. Defiance Ferry Dock.
09/24 Mon	9:30 AM	1 C	22 (13)	David Barton, Joyce Clifford 759 - 2393	Hail, hardy & ready for coffee. see 09/03 for Ride Details.
09/25 Tues	9 AM	2 B	30 - 50	Call Ride Line 759 - 2800	Tues. Decide to Ride. Call RideLine for details. Start: Call Ride Line or check the Club website.
09/26 Weds	All	Day	Wacky	Wednesday	Johnny Appleseed Day. Johnny (Chapman) was born in Boston, on this day in 1774.
09/27 Thurs	9: 30 AM	2 A	30	Lonna Cain 475 - 8853	Silk Road Smooooothly. See 09/06 for details.
09/29 Sat	9: 30 AM	3 C	40	Gene Smith 272 - 6747	Headwaters in Reverse. Will stop @ Black Diamond Bakery about 2/3 of the way, before decending back down to Green River Valley Road. Start: Green River Park & Ride.
09/30 Sun	All	Day	Super	Sunday	The last episode of "The Howdy Doody Show" aired on NBC, 1960. Clarabell finally spoke& said "Goodbye kids."
10/01 Mon	9:30 AM	1 C	22 (13)	David & Joyce 759 - 2393	Hail, hardy & ready for coffee. See 09/03 for Ride Details.

Hey TWBC Riders...Use this handy-dandy chart to decipher ride codes
listed on the TWBC Monthly Ride/Event Calendar.

RIDE CODE CHART, TERRAIN

Terrain Code Examples:

- A - Mostly Flat (Interurban Trail)
- B - Gently rolling with one or two steep hills
- C - Rolling steeper hills (Kitsap Peninsula)
- D - Difficult terrain with longer, steeper hills (Vashon Island)

RIDE CODE CHART, PACE

Pace Code Examples: Average mph on flat surface:

- 1 - Easy pace, frequent stops to catch up and regroup,
9-12 mph on flats.
- 2 - Moderate pace, ocassional stops to catch up and regroup,
12-15 mph.
- 3 - Steady pace, limited stops, cue sheets or maps provided,
13-16mph.
- 4 - Fast pace, very limited stops, cue sheets or maps provided,
16 + mph.