



the cog-nitive courier

tacoma wheelmen's bicycle club newsletter

po box 112078 tacoma, wa 98411 www.twbc.org 253-759-2800

TWBC, originally established in 1888 & reinvigorated in 1974, is a general purpose bicycling club in Pierce County that welcomes cyclists of all skill levels for social riding. The COG is issued monthly.

President's Report

Spinning Wheels



By President
Tom Reardon

Heaven to Hell (Canyon that is) and Back

One of the great joys of organized cycling is touring with a group. During the first two weeks of October, ten Members of the Wheelmen lead by Carol and Roz Davis toured the beautiful and varied terrain of Northeast Oregon. We started in La Grande, headed east through Enterprise and Joseph, turned south over the Wallowa Mountains, jet boated down the Snake River before completing the circle back to La Grande. Eight days to bike, to enjoy the scenery, and to leisurely enjoy time with good company.

On our first day we left the big city of 13,000 behind and climbed steadily past the town of Elgin before enjoying miles and miles paralleling the beautiful Wallowa River. If there was any doubt we had left the city for good, all doubts were put to rest when we were stopped by a cattle drive. The cattle were being moved across the road from one pasture to another, but the steers were not sure it was a good idea. Consequently, the rancher would get them part way off the road only to have the herd turn back at the last moment. For a city dweller, it was an interesting process. For the country drivers we spoke with, it was an all too often occurrence. And for a bike rider, it was good thing we had fenders riding across pavement recently vacated by nervous cattle.

October weather in the northwest is varied and unpredictable. The first day had been filled with blue sky and warm temperatures, but as we approached the Wallowa Mountains, the temperature dropped and the treat of rain or even snow became very real. We were prepared to deal with riding in the rain, but snow is dangerous on skinny tires. With a minivan filled with equipment, the sag wagon could not get all of the riders over the mountains if it was

Heaven ..., cont. on page 2, column 1

Membership Alert: There's a new location for the Nov. General Meeting:

Portland Avenue Community Center, 3513 Portland Ave. (E. 35th St. & E. Portland Ave.)!

Caroline Warnock & Sue Coley will share their experiences touring the Oregon Coast.

The TWBC 2012 Budget will also be presented for Membership Approval! ☺

In this issue of the COG:

Heaven to Hell	page 1, 2	Symmetry Sweepstakes	page 3
WSDOT Ferry Info	page 2	Ride Calendar	page 4, 5, 6
Adventure Cycling	page 2	Ride Notes	page 6
Membership	page 3	2012 Budget	page 7
	Pictures!		page 10, 11

**Remember to 'hang up' after you call the TWBC Ride Line --
people are forgetting about it & it's costing the Club four minutes per call!**

in the passes (there were three). As luck would have it Bob Myrick and his wonder dog, Skeeter, were vacationing in the area. Bob volunteered to help sag through the mountains. He waited with hot soup at the top of the pass where it was 40 degrees and raining, but fortunately not snowing. Wet and cold, we all made it to the warm and cozy Pine Valley Lodge in small town of Halfway.

As anyone who has ever toured knows, each day brings new sights, new challenges, and unique experiences to be remembered fondly. Daily rides are the bread and butter of the Club, but I would encourage anyone who has never taken an extended bike tour to plan at least one in the 2012. There is a rhythm that transports the rider out of all daily routines and shared experiences that form bonds within the group not possible on daily rides.

NOVEMBER GENERAL MEETING

Caroline and Sue will share their experiences touring the Oregon Coast. Plan to attend. ☺

WSDOT Ferry Bike Program Policy Update

The new ferry fares (all routes) that the Washington State Transportation Commission adopted (effective Aug., 2011) included changes for bicycle customers. The annual bicycle permits have been eliminated. The current bicycle surcharge will now be collected on all routes on commuters (bicycle riders) paying the applicable single trip fair. Luckily, the bicycle surcharge will not be increased for now.

Questions or comments can be made at WSF customer service at 1 - 888 - 808 - 7977. More info is available at www.wstc.wa.gov/ ☺

Adventure Cycling Adventures

Adventure Cycling has 56 bike tours on their 2012 slate. There are supported trips or self-contained ones. Trips vary from week to month(s) long, on the road or on dirt/trail, & include family fun tours.

There are seven new tours throughout the U.S., including the Finger Lakes Region of New York, Cape Cod of Massachusetts, Outer Banks of North Carolina, Big Bend of Texas, The Sierra Cascades from Mexico to Canada, & here in our own backyard, the San Juan Islands. Also included are a Vermont Inn-to-Inn tour to take in the fall foliage, & a new Leadership Training Course in Florida to absorb knowledge along with the sun.

Nine existing tours have been revised and refreshed. These include Glacier-Waterton Loop (Whitefish, Montana to British Columbia), the Denali Adventure (Alaska), Blue Ridge Bliss (Front Royal, Virginia), the Family Fun Colorado (Silverthorne), a Northern tier van-supported tour (coast to coast), a California's Wine Country (Sausalito), The Great Divide Mountain Bike Route - Cycle the Great Divide (Montana), the Great Divide Canada (from Whitefish), and Cycle Washington (from Redmond).

Family tour emphasis can be found with the Family Fun Colorado tour (Silverthorne), the KATY Trail (St. Charles, Missouri) or the C & O Canal (Arlington, Virginia).

National Forests & Parks can be explored on the Red Rock Ramble through Bryce and Zion Canyons (Utah), the Blue Ridge Bliss through Shenandoah and Great Smoky Mountain National Park (Virginia), the Glacier-Waterton Loop (Montana), and a Grand Canyon trip (with two departure dates). Coastal explorations include the Atlantic Coast Tour (Bar Harbor, Maine to Key West, Florida), the Cape Cod Pilgrimage (Plymouth, Massachusetts), and the Outer Banks Tour (Elizabeth City, North Carolina).

See these and other tours at the Adventure Cycling website, <http://www.adventurecycling.org/tours/> ☺



and Dave Killen,
database & mailing

Renewals (Thank You!):

Daniel Barrett, Lonna Cain, Jack Daniel, Dan King, Costi Mahshi, Geoffrey Meredyth, Dan Russo, Joe Small, & Jan Wieser.

New Members (Welcome!):

Tom Brosius, Kimberly Freeman, Daniel Jones and Gayle Lyon, Sue Matthews, & J. D. Sims. ☺

Win a Symmetry Sweepstakes <http://www.terrybicycles.com/winabike>

Win a 2011 Terry “Symmetry” bicycle designed by Georgena Terry specifically to meet the needs of female cyclists. You must be at least 18 years of age to enter.

The contest started on Oct. 18, & will end on Nov. 14 @ 11:59 pm (EST). Official rules can be found at <http://www.terrybicycles.com/contestrules> ☺



☺ ‘Fall’ ☺
-Unknown-

Orchards have shared their treasures,
The fields, their yellow grain,
So open wide the doorway—
Thanksgiving comes again!



November 6 — Daylight Saving Time Ends at 2:00 A.M.



In 2011, Daylight Saving Time (not ‘Daylight Savings Time’) ends on Sunday, November 6, at 2:00 A.M. Remember to “fall back” by setting your clocks back 1 hour. Did you know? Benjamin Franklin suggested the idea of a time change in 1784. Daylight Saving Time was first observed in the United States during World War I and then again during World War II. ☺

☺ Weather Folklore ☺

*If sheep feed facing downhill, watch for a snowstorm.
If the first snow sticks to the trees, it foretells a bountiful harvest.
If there be ice in November that will bear a duck,
there will be nothing thereafter but sleet and muck.
Thunder in November indicates a fertile year to come.*

☺ Election Day: November 8. BIKE YOUR VOTE! Let your voice be heard! ☺



twbc monthly event schedule

call the ride line for the latest additions and corrections...253-759-2800

Day/ Day	Time	Ride Code	Dist- ance	Leader/ Contact @ (253)	Ride or Activity
11/01 Tues	9:30 AM	2 C	30 - 50	See Description	Tuesday Decide To Ride. Meet with friends & go to lunch. Ron Nowicki, 661 - 2664 or Sue Coley. Start: Sumner Library, 1116 Fryer Ave, Sumner.
11/01 Tues	6 PM	00 Meet	00 & Eat	Bob Myrick 473 - 7455	Government Affairs Meeting @ the Harvester Resturant in the Stadium H.S. area @ 1st & Tacoma Ave. Work on bicycle problems around Pierce County. All are invited to participate.
11/02 Weds	9:30 AM	2 B Trail	43 Trail	Richard Walter 651 - 4902	Chehalis Western Trail. Rain, Snow, or Ice in Tacoma Cancels. See Ride Notes for Ride Details. Start: Trailhead in Lacy, past Josephine Ct SE & 14th Ave S. 
11/03 Thurs	9:30 AM	2 - 3 A	30 Trail	Richard Walter 651 - 4902	Silk Road Smooooothly. Ride to S. Prairie via Foothills Trail. Paved trail w/ very few road crossings. Beverage of your choice in S. Prairie (no host). Rain Cancels. Start: East Puyallup Trailhead, 13900 - 80th St E, Puyallup. 
11/03 Thurs	9:30 AM	3 D	30 Steady	Decide to Ride	Over The Hill Gang. For those of you looking for more of a challenge, you may want to try the Victor Falls, Lower Burnet version of the SRS ride. Start: East Puyallup Trailhead, 13900 - 80th St E, Puyallup. 
11/04 Fri	Noon	1 C	20	Bob Myrick 473 - 7455	Wildside Shop Ride. Different routes throughout the month. Retire to the shop to warm up & socialize. Rain Cancels. Start: Wildside Wine Shop, 608A S. Oxford, Tacoma. 
11/05 Sat	9 AM	3 D	50 - 60	Robert Deehan 272 - 9682	Sat. Spokie Cycling Ride. Average for entire ride is 17 mph w/ 20-25 mph on the flats. Route decided @ start. No lunch, but coffee & conversation @ the end. Start: Forza Coffee, 2700 Bridgeport Way, University Place. 
11/06 Sun	Day- light	Saving Time	Ends		'Fall Back' & Reset all manual clocks back one hour @ 2 AM on Sunday (or prior to sleeping on Sat. PM). Pacific Daylight Time (PDT) becomes Pacific Standard Time. (PST).
11/06 Sun	11 AM	4 B	20 - 40	Rollie Herman 508 - 8020 DOR	Exploring w/ Rollie. Exploring our area. Hills will be involved. Freeze Cancels. See Ride Notes for Ride Details. Start: Skyline Park & Ride (6th & Skyline). 
11/07 Mon	9:30 AM	1 C	22 (13)	Joyce Clifford 759 - 2393	Hail, hardy & ready for coffee. Loop Pt. Defiance. Someone will stay with the slowest rider. Regroup at Ft. Nisqually, then onto Fircrest for espresso/ raspberry scones. You can shorten to 13 miles by cutting out Fircrest. Start: Starbucks @ 26th & Proctor. 
11/08 Tues	9:30 AM	2 C	30 - 50	See Description	Tuesday Decide To Ride. Meet with friends & go to lunch. Ron Nowicki 661 - 2664, or Sue Coley. Start: McDonald's, 112th & Pacific Ave.
11/08 Tues	All	Day	Your	Choice	BICYCLE YOUR VOTE to your Post Office, or local drop off site. 



twbc monthly event schedule

call the ride line for the latest additions and corrections...253-759-2800

Day/ Day	Time	Ride Code	Dist- ance	Leader/ Contact @ (253)	Ride or Activity
11/08 Tues	6 PM	00 Meet	00 & Eat	Tom Reardon 759 - 2800	Board Meeting @ the Kim Ahn Restaurant across from TCC on Mildred. Guests & Club Members welcomed.
11/09 Weds	9:30 AM	2 B	43	Richard Walter 651 - 4902	Ride to Dupont & stop for coffee. Rain in Tacoma Cancels. See Ride Notes for Details. Start: Skyline Park & Ride (6th & Skyline). 
11/10 Thurs	9:30 AM	2 - 3 A	30 Trail	Richard Walter 651 - 4902	Silk Road Smooooothly. Rain Cancels. See 11/03 for Ride Details. 
11/10 Thurs	9:30 AM	3 D	30 Steady	Decide to Ride	Over The Hill Gang. See 11/03 for Ride Details. 
11/11 Fri	Noon	1 C	20	Bob Myrick 473 - 7455	Wildside Shop Ride. Rain Cancels. See 11/04 for Ride Details. 
11/12 Sat	9 AM	3 D	50 - 60	Robert Deehan 272 - 9682	Sat. Spokie Cycling Ride. See 11/05 for Ride Details. 
11/13 Sun	11 AM	4 B	20 - 40	Rollie Herman 508 - 8020 DOR	Exploring w/ Rollie. See 11/06 for Ride Details. 
11/14 Mon	9:30 AM	1 C	22 (13)	Joyce Clifford 759 - 2393	Hail, hardy & ready for coffee. See 11/07 for Ride Details. 
11/15 Tues	9:30 AM	2 C	30 - 50	See Description	Tuesday Decide To Ride. Meet with friends & go to lunch. Ron Nowicki, 661 - 2664, or Sue Coley. Start: Freighthouse Square, 430 E. 25th St, Tacoma.
11/15 Tues	6 PM; 6:30 PM	Meet & 00 Meet &	Eat; 00 Greet	Tom Reardon 759 - 2800	Nov. Club Meeting. Food, drinks, & fellowship @ 6 PM & meeting business @ 6:30 PM. Start: Portland Ave. Community Ctr, 3513 Portland Ave. (E. 35th St. & E. Portland Ave.), Tacoma.
11/16 Weds	9:30 AM	2 B	43 Trail	Richard Walter 651 - 4902	Chehalis Western Trail. Rain in Tacoma Cancels. See 11/02 for Ride Details. 
11/17 Thurs	9:30 AM	2 - 3 A	30 Trail	Richard Walter 651 - 4902	Silk Road Smooooothly. Rain Cancels. See 11/03 for Ride Details. 
11/18 Fri	Noon	1 C	20	Bob Myrick 473 - 7455	Wildside Shop Ride. Rain Cancels. See 11/04 for Ride Details. 
11/19 Sat	9 AM	3 D	50 - 60	Robert Deehan 272 - 9682	Sat. Spokie Cycling Ride. See 11/05 for Ride Details. 
11/20 Sun	11 AM	4 B	20 - 40	Rollie Herman 508 - 8020 DOR	Exploring w/ Rollie. See 11/06 for Ride Details. 
11/21 Mon	9:30 AM	1 C	22 (13)	Joyce Clifford 759 - 2393	Hail, hardy & ready for coffee. See 11/07 for Ride Details. 



twbc monthly event schedule

call the ride line for the latest additions and corrections...253-759-2800

Day/- Day	Time	Ride Code	Dist- ance	Leader/ Contact @ (253)	Ride or Activity
11/22 Tues	9:30 AM	2 C	30 - 50	See Description	Tuesday Decide To Ride. Meet with friends & go to lunch. Ron Nowicki, 661 - 2664, or Sue Coley. Start: Sumner Library, 1116 Fryer Ave, Sumner.
11/23 Weds	9:30 AM	2 B	43	Richard Walter 840 - 9450	Ride to Dupont. Rain in Tacoma Cancels. See 11/09 for Ride Details. 
11/24 Thurs	9:30 AM	2 - 3 A	30 Trail	Richard Walter 840 - 9450	Silk Road Smooooothly. Rain Cancels. See 11/03 for Ride Details. 
11/24 Thurs	9:30 AM	3 D	30 Steady	Decide to Ride	Over The Hill Gang. See 11/03 for Ride Details. 
11/25 Fri	Noon	1 C	20	Bob Myrick 473 - 7455	Wildside Shop Ride. Rain Cancels. See 11/04 for Ride Details. 
11/26 Sat	9 AM	3 D	50 - 60	Robert Deehan 272 - 9682	Sat. Spokie Cycling Ride. See 11/05 for Ride Details. 
11/27 Sun	11 AM	4 B	20 - 40	Rollie Herman 508 - 8020 DOR	Exploring w/ Rollie. See 11/06 for Ride Details. 
11/28 Mon	9:30 AM	1 C	22 (13)	Joyce Clifford 759 - 2393	Hail, hardy & ready for coffee. See 11/07 for Ride Details. 
11/29 Tues	9:30 AM	2 C	30 - 50	See Description	Tuesday Decide To Ride. Meet with friends & go to lunch. Ron Nowicki, 661 - 2664, or Sue Coley. Start: McDonald's, 112th & Pacific Ave.
11/30 Weds	9:30 AM	2 B	43 Trail	Richard Walter 840 - 9450	Chehalis Western Trail. Rain in Tacoma Cancels. See 11/02 for Ride Details.

November Ride Notes:



11/02, 11/16, 11/30

Chehalis Western Trail.

Sign up with a contact number so we can

11/09, 11/23

Ride to Dupont.

notify you by phone (preferably cell, in case you



are in transit) if a ride has been cancelled. For CWT bring \$\$\$ to buy lunch in Tenino. For both rides, if it is raining in Tacoma at the time we need to leave for the scheduled ride, the ride will be cancelled, & we will contact you by your sign up cell phone number &/or email address. We encourage riders to car pool.



11/06, 11/13, 11/20, 10/27

Exploring w/ Rollie.

Weekly routes will explore Pierce County. Dis-

tance depends upon conditions. Expect to keep up w/ the pace; please don't handicap those who can. No sweep. Hills will be involved, & as these rides explore, we don't always know what to expect. Email addresses submitted will get update early Sun. am of ride. Fenders on bikes, please! ☺

For TWBC Monthly Ride/Event Calendar

TERRAIN CODE CHART

A - Mostly Flat (Interurban Trail)

B - Gently rolling with one or two steep hills

C - Rolling steeper hills (Kitsap Peninsula)

D - Difficult terrain with longer, steeper hills (Vashon Is.)

PACE CODE CHART

1 - Easy pace, frequent stops to regroup, 9-12 mph on flats

2 - Moderate pace, occasional stops to regroup, 12-15 mph

3 - Steady pace, limited stops, cue sheets/maps, 13-16 mph

4 - Fast pace, very limited stops, cue sheets/maps, 16+ mph

the november '11 cog page 6

Ride Calendar page 3

Tacoma Wheelmen's Bicycle Club
Proposed Budget
Year 2012

*(to be voted on by the Members at the November General Meeting.
Members are welcome to ask questions about the Budget
at the November General Meeting).*

PROPOSED INCOME

	Daffodil Classic	\$23,200	
	Peninsula Metric	\$8,500	
	Dues	\$4,500	
	Banquet Reservations	\$1,200	
	Jersey Sales	? \$500 ?	
	Other Income	\$500	
	Interest	\$800	
TOTAL	PROPOSED INCOME		\$39,200

PROPOSED EXPENSE

	Administrative	\$150	
	Affiliations	\$250	
	Banking Expenses	\$20	
	Banquet	\$3,250	
	Bike Expo	\$375	
	Club Monthly Meetings	\$2,400	
	Daffodil Classic	\$15,400	
	Donations	\$5,000	
	Education & Public Relations	\$500	
	Equipment & Supplies	\$2,400	
	Government/Community Affairs	\$5,000	
	Ride Program	\$1,500	
	Insurance	\$800	
	Membership	\$150	
	Newsletter	\$1,800	
	Peninsula Metric Century	\$5,400	
	Postage & Administration	\$120	
	Social Events	\$350	
	Telephone Ride Line	\$750	
TOTAL	PROPOSED EXPENSE		\$47,415

PROPOSED NET INCOME **-\$8,215**

The COG Home

TWBC Ride Line : 253 - 759 - 2800

Updated Sunday & Thursday!

*The 'Smiling Bicycle' Logo, the Club Jersey
& a majority of Club Ride T-shirts were
(are) designed by Member Steve Lay.*



*Please keep Database Commander Dave updated as to any USPS/E-mail address changes.
It makes his job a lot easier! (If you don't receive your Newsletter, contact the Editor!)*

Next Ride Calendar Deadline:
Tues, November 22, 2011

Next COG Article Deadline:
Weds, November 23, 2011

Next Club Meeting: 6 PM
New Location!

Tuesday, Feb. 21, 2012

PRESIDENT:

president@twbc.org

Tom Reardon, 952 - 5964

VICE - PRESIDENT:

vp@twbc.org

--Unfilled @ this time--

SECRETARY:

secretary@twbc.org

Caroline Warnock (temporary)

TREASURER:

treasurer@twbc.org

Fred Swift, 355 - 4365

RIDE COORDINATOR:

ridecaptain@twbc.org

Rich Walter, 840 - 9450

DIRECTOR OF COMMUNITY & GOVERNMENT RELATIONS:

gac@twbc.org

Bob Myrick, 473 - 7455

DIRECTOR OF SPECIAL EVENTS:

events@twbc.org

--Unfilled @ this time--

NEWSLETTER EDITOR:

newsletter@twbc.org

Dena Wessels, 857 - 5658

(All Phone #s are 253 Area Code, unless otherwise indicated.)

DATABASE & MAILING:

database@twbc.org

Dave Killen, 677 - 5896

MEMBERSHIP:

Phyllis Lay, 759 - 1816

WEBMASTER:

webmaster@twbc.org

Rich Walter, 840 - 9450

TWBC SAFETY & EDUCATION

Jim Ahrens, 566 - 3347

TWBC EQUIPMENT :

equipment@twbc.org

Steve Brown, 752 - 4038

Assistant Jim Davis

TWBC PUBLICITY:

publicity@twbc.org

Anita Beninger

DAFFODIL CLASSIC

(2011): APRIL 10

daffodil@twbc.org

Mike Madden, 720 - 0127

PENINSULA METRIC

(2010): JUNE 6

pmc@twbc.org

Debbie Due, 564 - 4188

RAPSody Contact:

(2012): Aug. 25 & 26

rapsodybikeride@comcast.net

Ralph Wessels, 857 - 5658

ANNUAL CLUB PICNIC:

(2010): Sept. 26 (?)

--Unfilled @ this time--

BIKE EXPO:

(2011): March 12 & 13

bikebooth@twbc.org

--Unfilled @ this time--

CLUB JERSEY SALES:

jerseys@twbc.org

--Unfilled @ this time--

Advertisement Requirements: TWBC Members may place ads in the COG for free that are directly related to bicycling. All ads must be accompanied with contact information (i.e., name, address, phone number, email) of the person submitting the ad.

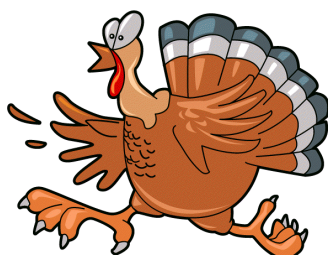
Local bicycle shops that offer a discount of at least ten percent (10%) to TWBC Members may place ads or flyers in the COG for free. "Local" is defined as within the Puget Sound area. Each bicycle shop may place up to two ads for free in a calendar year.

Non-members, agencies, businesses and bicycle shops that do not offer discounts of at least ten percent (10%) to TWBC Members will be charged for placing ads in the COG. Payment for the ad must be received prior to inclusion into the COG. The fee shall not be less than \$10 for a 1-line text ad and will be a minimum of \$50 for quarter page ads or more. The Newsletter Editor will determine an appropriate fee based upon the size and complexity of the ad. All ads are subject to editing and space limitations as deemed appropriate or necessary by the Newsletter Editor. ☺

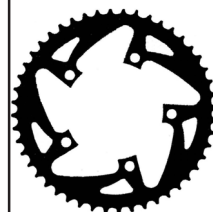


**November
2011**

**Tacoma Wheelmen's Bicycle Club
PO Box 112078
Tacoma, WA 98411**



mail to:



Please Note: You can become a Member at www.twbc.org. Click on 'Online' under the Join heading.

B e c o m e a M e m b e r o f T W B C

Name: _____

Address: _____

City, State: _____

Home Phone: _____

Work Phone (optional): _____

E-mail: _____ @ _____

(all info. is for Club use only; please print clearly!)

Please Check Those That Apply:

☐ New Member ☐ Renew ☐ Addr Chg

Please Note: COG delivery is now electronically via E-mail, unless you indicate here ☐ for the more costly, less 'Green' delivery method through the US Postal Service.

Individual Person Membership Fee \$15 _____

Or, Family Membership Fee \$20 _____

One-time Initiation Fee \$5 _____

Total Membership Fee(s) \$ _____



Send this form and a check
for the total \$ amount to:

**TWBC Membership
PO Box 112078
Tacoma, WA 98411**

☐ Check box if you do not
want your USPS address,
phone # or email address in the
yearly Membership listings.

Also...Check boxes if you are
interested in volunteering for:

- ☐ Leading Bike Rides
- ☐ Events
(Daffodil, PMC)
- ☐ Newsletter
- ☐ Club Meeting Programs
- ☐ Becoming a Club Officer

**Thanks for becoming
a Member of TWBC!**

the Picture Page

All Pictures on these two pages submitted by Bob Myrick.



Roz Davis on the road
either in Heaven or in Hell;
known location: OR

It has some interesting
framework,
but it doesn't go anywhere!



the Picture Page

Skeeter, the Wonder Dog,
out & about,
ready to help!



The Foothills Trail
has many users!