



the cog-nitive courier

tacoma wheelmen's bicycle club newsletter

po box 112078 tacoma, wa 98411 www.twbc.org 253-759-2800

TWBC, originally established in 1888 & reinvigorated in 1974, is a general purpose bicycling club in Pierce County that welcomes cyclists of all skill levels for social riding. The COG is issued monthly.

Web Issue: October, 2012

President's Report

The Rusty Crank



By President Tom Reardon

The summer riding season is officially behind us, and I hope you took full advantage of the long warm days to explore both new and familiar roads. In general, recreational cyclists are in top form at this point of the calendar, and I want to encourage you to keep those wheels spinning and not give in to sedentary temptations. I know the easy chair sings a siren's song, but the Ride Calendar remains full with offerings on weekdays and weekends. I want to especially bring your attentions to the Sunday series Rollie Herman is offering. By starting at the Proctor Starbucks, Rollie is able to offer widely varied routes from week to week. Additionally, the 11 AM start means a higher sun on crisp fall days. Sign up on line.

Joyce Clifford was officially elected Vice President at our September General Meeting. One of her tasks will be to arrange programs for our Monthly Meetings. As most of you are aware, Joyce is one of our most creative Members, and we look forward to entertaining and informative sessions. The next General Meeting is scheduled for October 16 at the Portland Avenue Community Center. In addition to a great program, it will be your first chance to order the new Club Jersey. Plan to attend!

As the days become gray, it is important to wear clothing that is highly visible. Recently, my wife and I drove to Sunrise on Mt. Rainier to hike. Leaving Enumclaw, we passed several bicyclists working their way up the highway toward Sunrise. Although all of them were exercising good judgment and staying far to the right, it was striking just how much easier it was to see the riders wearing optic yellow clothing than those wearing whites, blues, greens, etc. As I have said in the past, BE SAFE, BE SEEN! ☺

**Please Note: COG delivery is now electronically via E-mail,
as there is not an elected Editor to produce a USPS issue. ☺**

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Membership Report by Dave Killen database & mailing



*Our Members are what
makes our Club!*

Renewals (Thank You!):

Lonna Cain, Clif Graves, Janet Higbee-Robinson, Lewis Jones, Seamus O'Brian, Tom Reardon, Christy Strand, Karel Vance, Lou Vance, and Michelle Waterland.

New Members (Welcome!):

Gwen Demarest and Zachary Smith. ☺



By Bob Myrick, Director of
Community and Government Affairs

*Actions affecting you
and your community*

Our committee met again on Tuesday, September 4, at the Harvester Restaurant in the Stadium District at First and Tacoma Avenues. The next meeting will be on Tuesday, October 2 at 6pm. We were joined for awhile by Josh Jorgensen and Westin Norwood. Josh has a temporary job with the City of Tacoma to work on non-motorized transportation matters. He was asking for help to recruit volunteers for the annual bike count conducted thruout the Puget Sound region. This year's counting is on September 25, 26 and 27 and is meant to measure bicycle commuter traffic.

1. Trail Bollards. I was happy to report I had paged thru the new American Association of State Highway and Transportation Official's (Aashto) Guide for the Development of Bicycle Facilities. On trails, bollards are now strongly discouraged. Even a single bollard is discouraged. The Guide also recommends protective fences/barriers when trails parallel water hazards and steeper slopes.

2. PROS. The County's Park, Recreation and Open Space Plan has been talked about recently. Ralph Wessels worked on the last committee that produced the County Plan. I indicated I used the plan in my comments to the County Environmental Impact Statement (EIS) for the Flood Control Plan. The response to my questions indicated the Flood Control Officials are aware that the proposed Set Back Levee on the lower Puyallup River needs to accommodate the trail listed in the PROS plan. The trail will run from the Melroy Bridge downstream to Tacoma's City limits. Several Foothills and Forevergreen members will be attending the County Council Committee meeting where the Flood Control Plan is presented. We want the County Council to be aware of the trail plan and the need to accommodate the trail on the relocated levee.

Ralph also said it has been over three years since the PROS plan was produced and the County still has no financing scheme for building trails. Jane Moore said the Forevergreen Council continues to work with the County on finding financing. The County is considering forming Park Districts to raise money. Ralph reminded us that Olympia/Thurston County voted in a Utility Tax dedicated to raising money for sidewalks and bicycle amenities.

3. Prairie Line Trail. Jane Moore is on the 20+ member committee considering the development of the trail near UWT. They are meeting next week to discuss three alternatives for crossing South 21st Street. This is a steep street that dives down from Market/Jefferson, meets Pacific Avenue and crosses onto State Road 509. The City seems to be concerned about moving cars, but still having a safe crossing for pedestrians.

4. Fort Lewis Hazard. Ralph is finishing a letter to Fort Lewis Officials advising them of the very dangerous, inadequate intersection of Steilacoom-DuPont Road and North Gate Road. Fort Lewis hired a design-build outfit to improve? the intersection. It is now a potential death trap for cyclists and walkers as concrete curbs occupy the fog line shoulders and there is no shoulder on a curve connecting the two roads.

GAC, continued on page 3

Lets hope our great weather continues into October. Many of you will have attended the Pierce County Trails Conference and the Health and Transportation Equity event put on by the Puget Sound Regional Council in Tacoma on September 28. Consider attending the Washington State Trails Conference on October 25-28 in Vancouver, Washington. You can read more and register at www.washingtonstatetrailscoalition.org. I will have been in California's Eastern Sierras most of September on an extended bicycle and hiking trip. As we say, Ride More and Worry Less. ☺

Editor's Notes:

New Club Jerseys are in the process of being produced. Those attending the Sept. Club Meeting had the opportunity to try on the different sizes of jerseys from Peak 1. Those samples are rumored to be available at the Oct. & Nov. General Club Meetings for Members to try on to find which fits which body. The design is rumored to be placed on the Club Website sometime in the future.

There is also rumor of a **Halloween party** in Oct.; you will have to check the Club Website for date & details. ☺

Your article could have been here
for Members to read! ☺

For TWBC Monthly Ride/Event Calendar

TERRAIN CODE CHART

- A - Mostly Flat (Interurban Trail)
- B - Gently rolling with one or two steep hills
- C - Rolling steeper hills (Kitsap Peninsula)
- D - Difficult terrain with longer, steeper hills (Vashon Island)

PACE CODE CHART

- 1 - Easy pace, frequent stops to regroup,
9-12 mph on flats.
- 2 - Moderate pace, occasional stops to regroup,
12-15 mph.
- 3 - Steady pace, limited stops, cue sheets/maps,
13-16mph.
- 4 - Fast pace, very limited stops, cue sheets/maps,
16 + mph.



twbc monthly event schedule

call the ride line for the latest additions and corrections...253-759-2800

Monday Rides

Oct. 1, 8, 15, 22, & 29: @ 9:30 AM, 1 C, **Hail, Hardy & Ready for Coffee.** Loop Pt. Defiance. Someone will stay w/ the slowest rider. Regroup @ Ft. Nisqually., then onto Fircrest for espresso/raspberry scones. You can shorten to 13 miles by cutting out Fircrest. **Start:** Starbucks @ 26th & Proctor.

Tuesday Rides

Oct. 2, 9, 16, 23, & 30: @ 9:30 Am, 2 C, **Tuesday Decide to Ride.** Meet w/ friends & go to lunch. **Start:** to be announced. Call the Ride Line, 253 - 759 - 2800.

More Tuesday happenings:

Oct 2: @ 6 PM, **Government Affairs Meeting** @ the Harvester Restaurant in the Stadium H.S. area @ 1st & Tacoma Ave. Work on bicycle problems around Pierce County. All are invited to participate.

Oct 9: @ 6 PM, **Board Meeting** @ the Kim Ahn Restaurant across from TCC on Mildred. Guests & Club Members welcomed.

Oct. 16: @ 6 PM, the Oct. **General Meeting.** Rumored presentation for the entertainment is a Vietnam slide show, as the Schmidts, the Vances and Joyce Clifford did a two week bike ride in Vietnam a year ago. **Start:** Portland Ave. Community Center, 3513 Portland Ave. (E. 35th & E. Portland Ave.), Tacoma.

Wednesday Rides

Oct. 3, 17, & 31: @ 9:30 AM, 2 B, **Ride the Chehalis Western Trial.** Rain in Tacoma Cancels. Ride from Chambers Creek Trailhead to Tenino to stop & buy lunch. **Start:** Trailhead in Lacy, past Josephine Ct SE & 14th Ave S.

Oct. 10, & 24: @ 9 AM, 3 C, **Ride to Dupont** for coffee via Steilacoom for a nice workout. **Start:** Skyline Park & Ride (6th & Skyline).

Thursday Rides

Oct. 4, 11, 18, & 25: @ 9:30 AM, 2 - 3 A or 2 - 3 D, **Silk Road Smooooothly/Over The Hill Gang.** Ride to S. Prairie via Foothills Trail. Paved trail w/ very few road crossings. Beverage of your choice in S. Prairie (no host). Or, for a challenging 1000 ft of climbing, go over Victor Falls. **Start:** East Puyallup Trailhead, 13900 - 80th St E, Puyallup.

Saturday Rides

Oct. 6, 13, 20, & 27: @ 8 AM, 3 D, **Spokie Cycling Club Ride.** Average for entire ride is 17 mph w/ 20-25 mph on the flats. Route decided at start. No lunch, but coffee & conversation @ the end. **Start:** Forza Coffee, 2700 Bridgeport Way, University Place.

@ 9 AM, 3 B - C, **Tacoma Bike Shop Ride.** Fun but challenging road ride to destinations from Gig Harbor to Bonney Lake & Dupont. **Start:** Tacoma Bike, 309 Puyallup Ave., Tacoma.

More Saturday Rides

Oct. 6: @ 10 AM, **Ride to the Greek Festival.** **Start:** Freighthouse Square, Freighthouse Square, 430 E. 25th St, Tacoma.

Sunday Rides

Oct. 7, 14, 21, & 28: @ 11 AM, 3 B, **Exploring w/ Rollie.** Ride @ posted pace; no drop, but no sweep. Ride Pierce County, weather dependent. Hills involved, exact route/conditions unexpected. Home prior to 3 PM, fenders please, lights are nice. **Start:** Starbucks @ 26th & Proctor.

More Sunday Rides

Oct. 7: @ 9:30 AM, **Ride to the downtown Steilacoom Apple Squeeze.** **Start:** Starbucks @ 26th & Proctor. ☺

The COG Home

TWBC Ride Line : 253 - 759 - 2800

Updated Sunday & Thursday!

*The 'Smiling Bicycle' Logo, the Club Jersey
& a majority of Club Ride T-shirts were
(are) designed by Member Steve Lay.*



**Next Club Meeting: 6 PM
Tuesday, Nov. 20, 2012**

**Nov. Ride Calendar Deadline:
Tuesday, Nov. 20, 2012**

**Oct. COG Article Deadline:
Wednesday, Nov. 21, 2012**

*Please keep Database Commander Dave updated as to any USPS/E-mail address changes.
It makes his job a lot easier! (If you don't receive your Newsletter, contact the Editor!)*

PRESIDENT:

president@twbc.org

Tom Reardon, 952 - 5964

VICE - PRESIDENT:

vp@twbc.org

Joyce Clifford

SECRETARY:

secretary@twbc.org

Caroline Warnock

Assistant: Linda Higgins

TREASURER:

treasurer@twbc.org

Fred Swift, 355 - 4365

RIDE COORDINATOR:

ridecaptain@twbc.org

Rich Walter, 840 - 9450

DIRECTOR OF COMMUNITY & GOVERNMENT RELATIONS:

gac@twbc.org

Bob Myrick, 473 - 7455

Assistant: Don Hoover

DIRECTOR OF SPECIAL EVENTS:

events@twbc.org

Daniel Jones

(All Phone #s are 253 Area Code, unless otherwise indicated.)

ACTING NEWSLETTER

EDITOR (Temporary):

newsletter@twbc.org

Dena Wessels, 857 - 5658

MEMBERSHIP,

DATABASE & MAILING:

database@twbc.org

Dave Killen, 677 - 5896

WEBMASTER:

webmaster@twbc.org

Rich Walter, 840 - 9450

TWBC SAFETY & EDUCATION

Jim Ahrens, 566 - 3347

TWBC EQUIPMENT :

equipment@twbc.org

Sue Coley

Assistant: Peggy Fjetland

TWBC PUBLICITY:

publicity@twbc.org

Anita Beninger

DAFFODIL CLASSIC

(2012): APRIL 15

daffodil@twbc.org

--Unfilled @ this time--

PENINSULA METRIC

(2012): JUNE 3

pmc@twbc.org

--Unfilled @ this time--

RAPSody Contact:

(2012): Aug. 25 & 26

rapsodybikeride@comcast.net

Ralph Wessels, 857 - 5658

BIKE EXPO:

(2012): March 10 & 11

bikebooth@twbc.org

--Unfilled @ this time--

ANNUAL CLUB PICNIC:

(2010): Sept. 26 (?)

--Unfilled @ this time--

CLUB JERSEY SALES:

jerseys@twbc.org

--Unfilled @ this time--

Advertisement Requirements: TWBC Members may place ads in the COG for free that are directly related to bicycling. All ads must be accompanied with contact information (i.e., name, address, phone number, email) of the person submitting the ad.

Local bicycle shops that offer a discount of at least ten percent (10%) to TWBC Members may place ads or flyers in the COG for free. "Local" is defined as within the Puget Sound area. Each bicycle shop may place up to two ads for free in a calendar year.

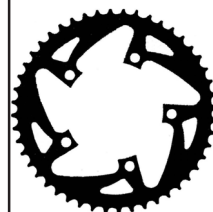
Non-members, agencies, businesses and bicycle shops that do not offer discounts of at least ten percent (10%) to TWBC Members will be charged for placing ads in the COG. Payment for the ad must be received prior to inclusion into the COG. The fee shall not be less than \$10 for a 1-line text ad and will be a minimum of \$50 for quarter page ads or more. The Newsletter Editor will determine an appropriate fee based upon the size and complexity of the ad. All ads are subject to editing and space limitations as deemed appropriate or necessary by the Newsletter Editor. ☺



**October
2012**

**Tacoma Wheelmen's Bicycle Club
PO Box 112078
Tacoma, WA 98411**

mail to:



Please Note: You can become a Member at www.twbc.org. Click on 'Membership' on the left side.

B e c o m e a M e m b e r o f T W B C

Name: _____

Address: _____

City, State: _____

Home Phone: _____

Work Phone (optional): _____

E-mail: _____ @ _____
(all info. is for Club use only; please print clearly!)

Please Check Those That Apply:

☐ New Member ☐ Renew ☐ Addr Chg

Please Note: COG delivery is now electronically via E-mail,
as there is not an elected Editor to produce a USPS issue.

Individual Person Membership Fee \$15 _____

Or, Family Membership Fee \$20 _____

One-time Initiation Fee \$5 _____

Total Membership Fee(s) \$ _____

Send this form and a check
for the total \$ amount to:

TWBC Membership
PO Box 112078
Tacoma, WA 98411

Check the following boxes if you
are interested in volunteering for:

☐ Leading Bike Rides

☐ Events

(Daffodil, PMC)

☐ Newsletter

☐ Club Meeting Programs

☐ Becoming a Club Officer

**Thanks for becoming
a Member of TWBC!**